

Ephesians: You are no longer struggling, but sitting in glory

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Ephesians: You are no longer struggling, but sitting in glory.

Ephesians is not just an inspiring epistle, nor is it just a theological treatise. It is a spiritual awakening—to uncover who we really are, who we are, and who we really are.

Paul was imprisoned in Rome when he wrote, but his tone came from the throne in heaven. He does not speak through the eyes of the trapped, but proclaims the truth as a person who sits in heaven with Christ. At the beginning, he shattered the lie of spiritual poverty:

"Blessed be God and Father of our Lord Jesus Christ! He in Christ has given us every spiritual blessing in heaven." (Ephesians 1:3).

This is not the hope of the future, but the fact that it has been completed. It is not partial, not conditional, and it is not effective when you are "good enough".

It is all spiritual blessings that have long been fully deposited in Christ.

The question is not whether you are blessed or not, but whether you already know.

Many believers are like heirs who inherit an inheritance but do not know it, who have immeasurable treasures in their possessions, but live like the spiritual poor.

A portrait of grace identity

Rather than making a list of graces, Paul is painting a spiritual portrait:

- Chosen: Your birth was not accidental, your name was inscribed in eternity before the creation of the world.
- Adoption: Not only are you forgiven, but you are also brought into the house of God with the title and authority of a son.
- Accepted: The voice of rejection is silenced, and the Father declares, "This is my person."
- Redeemed: The cross is a real deal, your freedom has been bought, and the voice of accusation is silenced.
- Sealed: The Holy Spirit dwells in you as a seal of God's inheritance and eternal assurance.

But without revelation, these truths will only remain in theory.

Paul therefore prayed that God would open the eyes of our hearts to the hope of the calling, the glory of the inheritance, and the power of the resurrection (Ephesians 1:17 - 19).

The power to raise Christ is working in you.

To be chosen is not only to be favored, but also to be sent

You are not just blessed, you are called to fulfill your mission.

Before the creation of the world, God chose us to be holy and blameless before Him (Ephesians 1:4).

Before the light appeared, you were already known; You were sealed before sin came into the world.

This truth shatters all "unworthy" and "abandoned" lies.

Your calling, gifts, and experiences are meaningful only in Christ.

You don't run to victory, you walk from victory

Paul said, "God raised us up with Christ and sat together in heaven."

(Ephesians 2:6)

This is the present tense, not the future tense.

You are not struggling to win on earth, but you are executing victory from heaven.

When you understand your seat—*anxiety bows, shame retreats, fear has no power.*

Prayer is no longer begging, but speaking in the authority of the throne.

Worship is no longer an escape, but a true alignment with heaven.

Unity: The heart of spiritual warfare

In Christ, God tears down the walls of partition and creates a new man

(Ephesians 2:14 - 16).

This unity is not only emotional harmony, but also a declaration of the power of darkness.

"That through the church the rulers and powers of heaven may know the wisdom of God." (Ephesians 3:10)

Every forgiveness and honor is a declaration of war to the spiritual world: Christ has won.

The church is not a place, but an identity

The church is not a building or a brand, but God's dwelling place in the Holy Spirit.

Not only will you be forgiven, but you will be built as a temple of God (Ephesians 2:19 - 22).

Life is connected to life, like a living stone placed on the cornerstone of Christ's house.

The question is no longer "what can the church give me", but "can my life be His dwelling place".

Walk commensurate with the calling

"Walk in a way that is worthy of the grace of your calling." (Ephesians 4:1)

It is not about earning grace, but about living in alignment with grace. Humility, gentleness, patience, and love for one another are not signs of weakness but maturity.

True spirituality is not a display of ability, but a transformation of disposition.

Take off the old and put on the new

"Put off the old man of his former deeds.....Dressed as a newcomer."

(Ephesians 4:22 - 24)

This is spiritual warfare, not self-improvement.

The old self, shaped by scars, fears, and pride, must be crucified with Christ.

The new man is made in the image of God in truth, full of righteousness and holiness.

Don't leave room for the enemy

The devil has no legitimate authority unless we give him space.

Bitterness, unforgiveness and hidden compromise are all unclosed doors.

But these doors can be closed—through repentance, confession, and obedience, darkness loses its power.

Put on a full military uniform and stand firm

Life is not a middle ground, but a battlefield.

Truth, righteousness, peace, faith, salvation, the Word of God, and the prayer of the Holy Spirit are all practical equipment.

You are not bare-handed, but a fully armed, anointed warrior.

A life filled with the Holy Spirit

"Be filled with the Holy Spirit." (Ephesians 5:18)

This is not a one-time experience, but an ongoing state.

The result of being filled is not a noise, but an overflow—the aroma of heavenly life in worship, thanksgiving, obedience, and love.

Live the life of Ephesians

This is not a distant doctrine, but your inheritance at the moment.

Alive - in the election;

Sitting - in heaven;

Walking - worthy of the call;

Oneness - becoming a body;

Renewal - Put on the newcomer;

Standing - wearing a military uniform;

And constantly - filled with the Holy Spirit.

Such a life carries the glory of the kingdom,
and the world will change because of it.

We pray

Dear Heavenly Father,

we thank You for revealing to us the mystery of salvation that transcends time and space through Ephesians.

Thank You for choosing us in Christ before the foundation of the world,
not by our works, but by Your abundant grace and love.

Lord, as we read that we have risen with Christ and
sat together in heaven, please renew our eyes.

Instead of defining yourself only by earthly predicament,
live by the identity, authority, and hope that You have given in Christ.

Let our hearts and eyes be enlightened so
that we can truly know how glorious Your hope is to call us and
how great the power You have shown to those who believe.

It helps us not only to understand the truth, but also to live it out in our daily choices.

Lord, teach us to walk in a way that is worthy of the grace of our calling, to be humble, gentle, and patient, to be tolerant of one another in love, and to strive to preserve the unity of the Holy Spirit.

Let the church be a manifestation of Your wisdom and shine true light in this crooked and perverse age.

Please also put on the full spiritual armor for us, so that we may stand firm in battle, not following the old and not being shaken by the power of darkness, but victorious in the sword of truth, righteousness, peace, faith, salvation and the Holy Spirit.

Father God, glory to You, to the Lord who is in the church and in Christ Jesus, from generation to generation and forever.

In the victorious name of the Lord Jesus Christ, amen.