

Psalms 32

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Psalms 32

YouTube Prayer Link

I want to be a happy person

Psalm 32

We will experience a lot of pain in our lives, and when we look at David's life, he spent more time in trouble than he spent in glory and riches. The most painful moment in David's life was not when he was hunted down by Saul in the wilderness, nor when his son Absalom rebelled against him, but when he sinned and kept silent and did not confess his sin. In this article we see David's prayer of confession and repentance to God. In the poem, David details his experiences before and after repentance and confession of his sins to God. His heart was tormented by the sins he had committed, and his physical sickness had caused him to lose his spirit, his mind to be depressed, his life to wither away like bones, his semen to run out, and the hand of God pressed upon his heart as if it were too much for him to let go. Why is this so? It turned out that it was because he kept his mouth shut and did not admit his guilt. It was not until a year later, after deep repentance, that he finally confessed his sins to God one by one, and then received the peace of God's forgiveness of sins. David's experience of deep remorse made him know that when he restores his relationship with God after being disciplined by God's love, God will fix his eyes on him, hide him, bless him, surround him, and guide him. The psalmist knows that God is righteous and that He will never treat the guilty as innocent. God is holy, and Hebrews says that "no one can see the Lord unless he is holy." David made his own relationship with God so important that he understood that he could only be blessed if God forgave his sins. Blessed is the man who has his sins forgiven and his sins covered! It is a blessing when a person's sins and transgressions are forgiven and not counted as guilty. We are hard at it when we carry our sins, and forgiveness is about picking it up. "To cover" means to cover, God forgives our sins and covers us with His Blood. Not counting as guilty means that the sin has been blotted out. These two verses refer to the bliss of the complete forgiveness of sins, the forgiveness of sins. All people are sinners, and only by God's forgiveness can we live true life. The psalmist confesses the happiness of

the forgiveness of sins based on his own experience and exhorts future generations to enjoy the happiness of walking with the Lord. Repentance means confessing one's sins, being forgiven by God, restoring one's relationship with God, and starting a new life. Man was created by God, and without God there can be no pure life. Sin destroys the relationship between God and man. God's promise to forgive sins, is the way forward to ensure the restoration of life through repentance. The joy David felt when he received Bathsheba, Uriah's wife, in a despicable way, and later repented and was forgiven of his sins. God is omniscient, and He has known everything about us for a long time. No one can "hide" their sin from God. Therefore, confession of sin is not about telling God what we have done, but about not deceiving ourselves and hiding our ears, but about truly confessing that these things are sins that need to be forgiven by God. If people no longer feel their own sin, or even consider it sin, the blood of Christ will never "cover" us.

David prayed joyfully to God for repentance and forgiveness. In this psalm, David describes the blessing of forgiveness that comes with punishment and confession, then encourages people to seek Jehovah's salvation, and finally exhorts them to rejoice and be happy in trusting in Jehovah. The whole poem is divided into four sections: the happiness of the one who has been forgiven of sins, Blessed is the one who has the forgiveness of his sins, and the one who covers his sins; (2) David confessed his sins thoroughly, I confess my sins to you, and I will not hide my wickedness; (3) Salvation through forgiveness, Surrounded me on all sides by the song of salvation; (4) Exhort a man not to repeat the mistakes of the past, and not to be like the foolish horse and mule, who will be strangled with a bridle.

Do we examine our actions and thoughts before God to see if there is anything that has offended God and people. We find that the longer we believe, the easier it is to apologize. Because I want to draw closer to God, I don't want my relationship with God to be affected by my inadvertent sinful behavior. There are many things that we insist on, such as our face, our interests, our gains and losses, which are nothing compared to our relationship with God.

God forgives our sins, just as when we owe 10,000,000 dollars, the creditor no longer asks us for it, but says, "You don't have to pay it." The debt has been written off. We can't help but ask, isn't God just and never counts the guilty as innocent? Why does God forgive our sins for no reason? We need to know that God forgives our sins not without a price. Jesus Christ, the only begotten Son of God, died on the cross and bore all our sins. 2Cor 5:21 God made the sinless one to sin for us, that we might become the righteousness of God in him. We are in a "time of grace" where Jesus said, "Ask, and it will be given to you; seek, and ye shall find; knock, and it will be opened to you. For everyone who asks, he receives; He who seeks, he finds; and he that knocketh shall open the door to him. But Jesus also warned us to be on the alert, and in the parable of the ten virgins, five virgins who did not have oil prepared said, "Lord, open the door to us," and he answered, "Verily I say unto you, I know you not!" "Honey, are you willing to be the one who seeks? Seize this opportunity to seek God, and God will be found by you!

We pray:

Dear Lord, we are coming to confess our sins to you. There have been many times when I have sinned against you, and I have sinned against my family, friends, brothers and sisters. Pray that the Lord will forgive us our trespasses and cleanse me from my sins. Lord, let's not go back to sin, let's not live in sin. But we know that I can't overcome sin on our own. Help me to come to you every day and turn away from all sin. Pray that the Lord will help us to come and worship and praise you every day, to think of your love, your teachings and guidance, to walk in your paths, and to make you my joy. Praise the Lord.

In the name of Jesus Christ we pray. Amen!

Psalm 33^[a]

33 You godly ones, shout for joy because of the Lord!

It is appropriate for the morally upright to offer him praise.

² **Give thanks to the Lord with the harp.**

Sing to him to the accompaniment of a ten-stringed instrument.

³ **Sing to him a new song.^[b]**

Play skillfully as you shout out your praises to him.^[c]

⁴ **For the Lord's decrees^[d] are just,^[e]**

and everything he does is fair.^[f]

⁵ **He promotes^[g] equity and justice;**

the Lord's faithfulness extends throughout the earth.^[h]

⁶ **By the Lord's decree^[i] the heavens were made,**

and by the breath^[j] of his mouth all the starry hosts.

⁷ **He piles up the water of the sea;^[k]**

he puts the oceans^[l] in storehouses.

⁸ **Let the whole earth fear^[m] the Lord.**

Let all who live in the world stand in awe of him.

⁹ **For he spoke, and it^[n] came into existence.**

He issued the decree,^[o] and it stood firm.

¹⁰ **The Lord frustrates^[p] the decisions of the nations;**

he nullifies the plans^[q] of the peoples.

¹¹ **The Lord's decisions stand forever;**

his plans abide throughout the ages.^[r]

¹² **How blessed^[s] is the nation whose God is the Lord,**

the people whom he has chosen to be his special possession.^[t]

¹³ **The Lord watches^[u] from heaven;**

he sees all people.^[v]

¹⁴ **From the place where he lives he looks carefully**

at all the earth's inhabitants.

¹⁵ **He is the one who forms every human heart,^[w]**

and takes note of all their actions.

¹⁶ **No king is delivered by his vast army;**

a warrior is not saved by his great might.

¹⁷ **A horse disappoints those who trust in it for victory;^[x]**

despite its great strength, it cannot deliver.

¹⁸ **Look, the Lord takes notice of his loyal followers,^[y]**

those who wait for him to demonstrate his faithfulness^[z]

¹⁹ **by saving their lives from death^[aa]**

and sustaining them during times of famine.^[ab]

²⁰ **We^[ac] wait for the Lord;**

he is our deliverer^[ad] and shield.^[ae]

²¹ **For our hearts rejoice in him,**

for we trust in his holy name.

²² **May we experience your faithfulness, O Lord,^[af]**

for^[ag] we wait for you.

Psalm 32 is one of the penitential psalms, attributed to David, and it speaks profoundly about the experience of sin, repentance, forgiveness, and the resulting joy and peace. It emphasizes the joy of receiving God's forgiveness and the spiritual freedom that follows. Psalm 32 offers powerful spiritual insights into the process of confession, the nature of God's forgiveness, and the peace that comes from restored fellowship with God.

Full Description of Psalm 32

Psalm 32 is divided into two major sections: the first focuses on the blessing of forgiveness (vv. 1-5), and the second reflects on God's guidance and the joy of walking in His ways (vv. 6-11). Throughout, David reflects on his own experience of sin, repentance, and God's mercy, which offers deep spiritual lessons.

1. The Blessing of Forgiveness (Verses 1-5)

In the first five verses, David praises the blessing of forgiveness that comes from confessing sins. He begins by declaring the happiness of those whose sins are forgiven, whose iniquities are covered, and who are no longer held accountable for their transgressions. David contrasts this peace with the internal turmoil that comes from hiding sin, which causes physical and emotional distress. He admits that his silence and failure to confess caused him spiritual anguish and suffering.

- **Verse 1-2:**

“Blessed is the one whose transgressions are forgiven, whose sins are covered. Blessed is the one whose sin the Lord does not count against them and in whose spirit is no deceit.”

These opening verses express the joy and blessedness of receiving forgiveness. When God forgives our sins, He covers them, and they are no longer counted against us. The "spirit of no deceit" points to the honesty required for true repentance.

- **Verse 3-4:**

“When I kept silent, my bones wasted away through my groaning all day long. For day and night your hand was heavy on me; my strength was sapped as in the heat of summer.”

These verses describe the physical and emotional toll of hiding sin. David acknowledges that attempting to suppress his guilt led to inner turmoil and weakness, much like a person suffering under the oppressive heat of summer.

- **Verse 5:**

“Then I acknowledged my sin to you and did not cover up my iniquity. I said, ‘I will confess my transgressions to the Lord.’ And you forgave the guilt of my sin.”

David finally admits that when he confessed his sin to God, God's forgiveness brought relief and restoration. The key here is the act of confession and God's gracious response.

2. **God's Guidance and Protection (Verses 6-7)**

In these verses, David emphasizes that forgiveness is not the end of the journey but the beginning of a life led by God. Once forgiven, the believer is called to pray and seek God's protection. The image of God as a refuge and protector is strong here.

○ **Verse 6-7:**

"Therefore let all the faithful pray to you while you may be found; surely the rising of the mighty waters will not reach them. You are my hiding place; you will protect me from trouble and surround me with songs of deliverance."

Here, David urges the faithful to seek God through prayer while He can be found, highlighting God's protection in times of trouble. The image of God as a "hiding place" is a metaphor for safety and security in the Lord.

3. **Divine Teaching and Correction (Verses 8-9)**

God promises to instruct and teach the believer, guiding them along the right path. However, there is a warning against stubbornness and disobedience. In these verses, God contrasts His loving guidance with the stubbornness of an animal that needs to be controlled by a bridle or bit.

○ **Verse 8-9:**

"I will instruct you and teach you in the way you should go; I will counsel you with my loving eye on you. Do not be like the horse or the mule, which have no understanding but must be controlled by bit and bridle or they will not come to you."

These verses express God's desire to lead His people gently. Unlike the rebellious animal that resists control, God desires that we listen to His counsel and follow His guidance willingly.

4. **The Joy of the Righteous and the Consequences for the Wicked (Verses 10-11)**

David contrasts the outcome of the wicked with the joy of the righteous. The wicked will suffer the consequences of their sin, but the righteous, those who trust in God, will experience His unfailing love and joy. The closing verses invite the righteous to rejoice in God's deliverance.

○ **Verse 10-11:**

"Many are the woes of the wicked, but the Lord's unfailing love surrounds the one who trusts in him. Rejoice in the Lord and be glad, you righteous; sing, all you who are upright in heart!"

The wicked face many sorrows, but those who trust in God experience His love and protection. The righteous are called to rejoice, to celebrate the goodness of God.

Important Verses from Psalm 32

• **Verse 1-2:**

"Blessed is the one whose transgressions are forgiven, whose sins are covered. Blessed is

the one whose sin the Lord does not count against them and in whose spirit is no deceit.”
These verses introduce the central theme of the psalm: the blessing of forgiveness. They highlight the joy and peace that come from being pardoned by God.

- **Verse 5:**
“Then I acknowledged my sin to you and did not cover up my iniquity. I said, ‘I will confess my transgressions to the Lord.’ And you forgave the guilt of my sin.”
This is the turning point of the psalm, where David experiences forgiveness after confessing his sin.
- **Verse 8:**
“I will instruct you and teach you in the way you should go; I will counsel you with my loving eye on you.”
God’s promise to guide and teach His people is a source of comfort and encouragement.
- **Verse 11:**
“Rejoice in the Lord and be glad, you righteous; sing, all you who are upright in heart!”
This final verse invites the righteous to celebrate God’s forgiveness and protection.

Spiritual Influence of Psalm 32

1. **Conviction and Confession**
Psalm 32 encourages believers to confront their sins honestly before God. The opening verses show the blessedness of confessing our sins and the consequences of withholding our confession. This psalm calls us to humility and openness in our relationship with God.
2. **God's Forgiveness Brings Freedom**
One of the primary spiritual impacts of Psalm 32 is the reminder that forgiveness brings peace and freedom. When we confess our sins and experience God’s forgiveness, we are freed from the burden of guilt and shame. The contrast between the inner turmoil of hiding sin and the peace of being forgiven is profound.
3. **The Role of Prayer and God's Protection**
The psalm also emphasizes the importance of prayer and seeking God’s protection in times of trouble. When we are forgiven, we are invited to approach God in prayer, trusting in His protective care. God is portrayed as a "hiding place," a source of safety in the midst of life’s storms.
4. **God's Loving Guidance**
Psalm 32 reminds believers that God desires to guide them through life. His teaching is gentle and loving, unlike the forceful control required for stubborn animals. This speaks to the importance of submitting to God’s wisdom and following His direction, knowing that He watches over us with care.
5. **Rejoicing in God’s Mercy**
The final verses of the psalm encourage the righteous to rejoice in God’s mercy and

deliverance. A major spiritual takeaway is that forgiveness leads to joy. When we experience God's mercy, we are filled with gratitude and should respond with praise and worship.

Conclusion

Psalm 32 is a deeply spiritual psalm that speaks to the transformative power of God's forgiveness. It teaches us about the pain of unconfessed sin and the peace that comes with repentance and reconciliation with God. Through confession, God's mercy, guidance, and protection, believers are invited to live in the joy of restored fellowship with God. This psalm encourages us to trust in God's loving care, seek His forgiveness, and rejoice in His deliverance.