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(Peter Lok) 駱沅祺

lokpeter@outlook.com

Bibleao.com

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Straighten out your mind and get rid of bad habits

2 Kings 22

Chapter 22 is about the deeds of King Josiah of Judah. Judah was in a difficult situation under the oppression of other nations, and Josiah was still very young in his reign.

In the 18th year of Josiah's reign, he ordered the temple to be renovated, and during his discovery of a copy of the Torah (also known as the Torah), he was shocked by the fact that Judah had been estranged from God for many years. After hearing the book, Josiah vowed to God to obey the provisions of the Law, to put the country in order, to purge the heathen, and to restore orthodox worship. He conveyed these commands to the priests and the people, and they all agreed to obey them.

Josiah ordered the destruction of all pagan altars, the demolition of temples, the removal of idols, and the expulsion of priests and shamans from Jerusalem, thus purging religious heresy from religion. Josiah single-mindedly sought God's will in the process of rectifying the nation, and did not rely on foreign powers or other gods during the reorganization. Under his leadership, the kingdom of Judah was restored to God's praise and prosperity.

Overall, chapter 22 describes the reform of Judah by King Josiah of Judah, who brought the country into a moral and spiritual way that it had never been before.

Straightening out one's mind and getting rid of bad habits is a very worthwhile goal. First, be aware of what vices you have, which may require some reflection and self-observation. Then, make a concrete plan to gradually change these vices. This may include establishing new healthy habits, seeking support and advice, and cultivating inner peace and resilience.

Here are some ways to help you get your mind in order and get rid of bad habits:

Set clear goals: Identify specific vices that you want to change and set clear goals for yourself. These goals should be specific and measurable, and can be broken down into smaller milestones to make them easier to achieve.

Seek support: Tell a friend, family member, or professional about your goals and seek their support and encouragement. Having someone to accompany and support will make the whole process easier and more enjoyable.

Establish new healthy habits: Find healthy habits that replace old bad habits and work on them. For example, if you're trying to quit smoking, try smoking candy or chewing gum to slow your withdrawal symptoms.

Self-reflection and adjustment: Regularly evaluate and reflect on your progress to see if you need to adjust your approach or goals. In this process, be kind to yourself and don't be too yourself.

Seek counseling: If you find it difficult to cope with a bad habit on your own, you can seek counseling or professional guidance. A professional counsellor can help you better understand your inner world and provide effective coping strategies.

Be patient and persevering: Getting rid of bad habits is an ongoing process that can't be achieved overnight. Be patient and persevering, believe in your abilities, and work hard to achieve success.

The most important thing to remember is that putting your mind in order and getting rid of bad habits is a work that requires perseverance, but it can bring positive change and growth to your life.

There are passages in the Bible that deal with the theme of inner reorganization and the purging of vices. These chapters may provide some inspiration and guidance to

help people improve their inner world under the guidance of faith. Here are some related verses:

Ephesians 4:22-24: "Put off your old self in your former ways, which has been turned bad by the deception of evil desires, and change your minds and clothe yourself with a new self, made in the image of God, with truth and righteousness and holiness." "

Proverbs 4:23: "Above all, guard your heart, for the fruit of life proceeds from the heart." "

Galatians 5:22-23: "But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control." There is no law against such things. "

James 4:7-8: "Submit yourselves therefore to God." Resist the devil, and he will flee from you. Draw near to God, and God will draw near to you. "

These verses emphasize the importance of inner transformation and the cleansing of evil, as well as the importance of inner change through obedience to God's will. Through the guidance of faith, people can seek strength and wisdom to overcome bad habits and cultivate inner purity and goodness.

In this complex world, no matter where we go, no matter what challenges we go through, God's love is always there to watch over us. It is not bound by time, space, or any limitations, and it is the greatest force in the universe. When we feel the difficulties of life, when we fall into despair and loneliness, God's love is like a beam of light that illuminates our path forward. God's love never changes. God's love can work miracles, heal wounds, and make the impossible possible. When we open our hearts to God and receive His love, we will find inner peace and tranquility, and we will feel unparalleled joy and satisfaction.

Let us always remember God's love in our daily lives. Let it be a guide to our lives, give us the strength and courage to become better people. No matter what challenges we face, remember that God's love is always with us. Because in God's love, we find true comfort and belonging, and we find meaning and purpose in life.

We pray together:

Dear Heavenly Father,

Thank you for being with us in every moment of our lives. Today, we gather before you to receive your love and protection with a prayerful mind.

Lord, you have promised your people that you will be with them wherever they go. In life's hard times, when we feel lonely and helpless, I ask you to be there for us. In the midst of challenges and adversities, please give us the strength and wisdom to help us overcome every hurdle.

Please give us the humility to always remember to rely on Your grace and strength. Please guide us on the path of righteousness and let our lives be a testimony of your glory and love.

Lord, you are a merciful God, and your love never ceases. In our joys and sorrows, please be with us and walk with us. Let your peace fill our hearts and let your lovingkindness surround our lives.

In the name of the Lord Jesus Christ, amen.

2 Kings 22

22:1 Josea was eight years old when he became king, and he reigned in Jerusalem for thirty-one years. His mother's name was Jededa, the daughter of Adaiah of the Bothian.

22:2 And Josiah did what was right in the eyes of Jehovah, and did all that his father David did, and did not turn from the left to the right .

22:3 In the eighteenth year of king about sea of Asia, the king sent Shaphan the son of Meshullam, the son of Azar, to the house of Jehohua, and said to him,

22:4 Go to the house of Hilkiah the high priest, and let him bring the silver that is brought to the house of Yahwah, which is the silver that the gatekeeper gathers from among the people, and count the number.

22:5 and give them to the men who are in the house of Yahowa, that they may turn them over to the workers who work in the house of Yahowa, that they may repair the ruins of the temple.

22:6 and delivered them to the carpenters, and the labourers, and the bricklayers, and bought timber and hewn stones, and repaired the temple.

22:7 Give the money into the hands of the people who do it, and do not settle accounts with them, because they do it in good faith.

22:8 And Hilkiah the high priest said unto Shaphan the scribe, I have received the book of the law in the temple of Jehovah. The Hillers handed the book to Shapan , and Shaphan read it .

22:9 And Shaphan the scribe came to the king, and answered him, saying, Thy servant hath poured out the money of the house and given it unto the men who are in the house of Jehohua.

22:10 Then Shaphan the scribe said to the king, "Hilkiah the priest has given me a book." Shaphan read the book before the king.

22:11 When the king heard the words of the book of the law, he tore his garments.

22:12 And he commanded Hilkiah the priest, and Ahikam the son of Shaphan, and Achbo the son of Micaia, and Shaphan the scribe, and Asaiah the king's servant, saying,

22:13 Go and ask Jehohua for me, for the people, and for all Judah, with the words of this book. Because our fathers did not listen to the words of this book, and did not do what it commanded us, the Lord was angry with us.

22:14 So Hilkiah the priest and Ahikam, Achbo, Shaphan and Asaiah went to Huldah the prophetess. Hulda was the wife of the sharon in charge of the dress. Sharon was the grandson of Har Haas and the son of Tewa. Hulda lived in the second district of Jerusalem. They asked her .

22:15 And she said unto them, Thus saith the God of Yahweh, and Israel, Answer him that sent you unto me,

22:16 Thus saith Jehovah, I will bring evil upon the land and upon its inhabitants, as all the words of the book which the king of Judah read.

22:17 For they have forsaken me, and have burned incense to other gods, and have provoked me to anger with the works of their hands, therefore my wrath shall be directed upon the land, and shall not cease therein.

22:18 But this is how the king of Judah, who sent you, to inquire of the king of Jehovah, and thou shalt reply unto him, saying, Thus saith the God of Jehovah, Israeliel, as to the words which thou hast heard,

22:19 When thou hast heard me say of this land and of its inhabitants, that this land should be desolate, and that the people should be cursed, thou hast been honoured in thy heart, and hast humbled thyself before me, and tore thy garments, and wept unto me, wherefore I have answered thee. this is what i yes and hua said .

22:20 And I will bring thee to the grave in peace to thy fathers. I will bring all the calamities on the land, and you will not see them with your own eyes. And they replied to the king.

Chapter 22 is about the deeds of King Josiah of Judah. Judah was in a difficult situation under the oppression of other nations, and Josiah was still very young in his reign.

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Overall, chapter 22 describes the reform of Judah by King Josiah of Judah, who brought the country into a moral and spiritual way that it had never been before.

2 Kings chapter 22 records the deeds of King Josiah. Here are some important verses:

1. Josiah's age of enthronement and time of his reign in Jerusalem:

Josiah was eight years old when he became king, and he reigned thirty-one years in Jerusalem. His mother's name was Jededa, the daughter of Adaiah of Boseka. (2 Kings 22:1)

2. Josiah commanded the rebuilding of the house of the Lord:

"Josiah sent Mashaliah the son of Aazari, the son of Shaphan, to the Lord, saying... Go and rebuild the house of the LORD your God, just as the LORD spake by the man of God. (2 Kings 22:3-5)

3. The Bible was found in the project:

"Hilkiah the priest said to Shaphan the scribe, 'I have received a book of the law in the house of the Lord.' Hilkiah handed the book to Shaphan, and Shaphan read it. (2 Kings 22:8)

4. When Josiah heard this Torah, he repented of his sins and those of his nation:

"When Josiah heard the words of the Torah, he tore his clothes and commanded Hilkiah the priest, and Ahikam the son of Shaphan, and Micaiah the son of Abidon, and Shaphan the scribe, and Asaiah the king's servant, saying, "Go, for my sake and for all Israel, and inquire of the LORD with the words of this book, for our fathers did not hearken to the words of this book, and did not do what commanded us, and the wrath of the LORD was poured out on us." (2 Kings 22:11-13)

5. Josiah abolished idolatry throughout the country:

Josiah commanded that all the people of the land, the priests, the prophets, and all men, great and small, should do the words that are written in the book of the law. And he broke down all the altars of man that belonged to Baal, and all the altars of all the hosts of heaven, and the altars which he had set up in the courts of the house of the LORD, in Jerusalem and all the parts of Judah. (2 Kings 23:3-4)

6. After Josiah's death, the kingdom of Judah gradually declined:

"In the days of Josiah, Pharaoh Neco came up against the young king

2 Kings chapter 22 goes on to record the reign of King Ahab of Israel, especially his end in the war with Syria. The chapter also mentions the marriage and war between Jehoshaphat, king of Judah, and Ahab, king of Israel.

Why it matters:

Opposition between True and False Prophets: In this chapter, Ahab and Jehoshaphat consulted many prophets, most of whom were false Israel's prophets, and only one prophet, Micaiah, was faithful to God. This highlights the reality of the opposition between true and false prophets, and reminds us to be vigilant and discern who is the prophet who truly represents God.

Faithful Witness: Micaiah was a faithful prophet who stood firm to God's truth in the face of pressure and risk. He foreshadowed Ahab's end of war and Ahab's own fate in his prophecy, which was God's judgment on Ahab's sins.

Obedience and vigilance: Jehoshaphat showed imperfect obedience in his marriage and war with Ahab. Although he listened to God's faithful prophets, he nevertheless ventured into an alliance with Ahab, which led to God's admonition and punishment.

Theological Teaching and Learning:

Truth and vigilance: We need to be careful to discern between true and false prophets, and not to easily trust all voices that claim to represent God. We should judge and reason through God's Word, and remain vigilant against God's true revelation.

Loyalty and Courage: Like Micaiah, we should be faithful to God's truth and be willing to bear witness to God's ways without being swayed by worldly pressures or risks.

Obedience and Repentance: Jehoshaphat repented in the face of God's warning and received God's mercy. We are also to be obedient to God's Word, to repent when we make mistakes, and to seek God's forgiveness and guidance.

Overall, 2 Kings 22 emphasizes the opposition between true and false prophets, the testimony of faithfulness, and the importance of obedience and vigilance. These teachings have far-reaching implications for our faith life and for our daily lives. We need to be vigilant in discerning true and false prophets, faithfully bearing witness to God's truth, obeying God's Word, and receiving God's mercy and guidance in repentance.