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## Daily Rice 2024 February 2

YouTube Prayer Link

### Our sanctuary

In 1 Samuel 22, David fled to Adullam's cave, taking his family and all those who followed him. When Saul learned that David was there, he ordered the priest Ahitu and his family to be killed, but Saul's servant Doaic refused to carry out the order. Instead, he went to the cave and told David about Saul's plan, thus allowing David and his men to escape.

David then left Adullam and traveled to the land of Moab to ask the king for refuge for his parents. David's parents were sent to the land of Moab, while David and his men returned to the woods in the land of Judah, where they gained more followers.

In this chapter, we see the constant conflict and chase between David and Saul. David protected himself and his people through God's protection and his courage, while Saul became increasingly unstable and manic. We also see the courage and honesty of Doaic who refused to carry out Saul's evil plan and chose to reveal the truth to David. This chapter again emphasizes the importance of faith and trust, and God's role in protecting those who trust Him and rely on Him.

David's Refuge: In this chapter, David flees to the Adullam Cave and becomes a refuge for the oppressed, indebted, and spiritually exhausted. Those who followed him were distressed and frustrated for various reasons, and David became their leader and protector. In God's love, we find refuge. He is our solid rock and a soothing comfort to our restless hearts.

Psalm 46:1 - "God is our refuge, our strength, our ever-present help in times of trouble. "

Psalm 62:8 - "You people have always trusted in Him, and poured out your hearts before Him, for God is our refuge. "

Deuteronomy 33:27 - "The living God is your dwelling place, and his arm is an everlasting sustainment. He is an everlasting arm under you, and he casts out his enemies, saying, 'Destroy!'"

James 4:8 - "Draw near to God, and he will draw near to you." Purify your hands, you sinful ones, and purify your hearts, you double-minded ones. "

Isaiah 25:4 - "For it is because of the great name of the Lord that you have made a city for the needy, a guarantee for the needy, a place of refuge for the needy, a place of refuge for the winds of affliction, and the tumult of men into singing, and the cities of enemies into desolation." "

May these verses bring you comfort and strength.

In the New Testament, we see Jesus portrayed as our refuge, a comfort and reliance for our hearts.

Matthew 11:28

Jesus said, "Come to me, all you who labor and are heavy laden, and I will give you rest." "

In this verse, Jesus calls all those who labor and are heavy to come to Him, promising them true rest. It is a beautiful expression of Him as a refuge for our hearts.

II. John 14:6

Jesus said to him, "I am the way, the truth, and the life, and no one can come to the Father except through me." "

In this passage, Jesus declares Himself to be the Way, the Truth, and the Life. Not only does this point to the way He leads us to God, but it also shows that He is the refuge of our hearts and souls through which we are connected to our Heavenly Father.

3. Hebrews 4:15-16

"For our high priest is not incapable of sympathy for our infirmities, but he has been tempted in every way, just as we are, but he has not sinned. Therefore, let us come boldly to the throne of grace in order to receive mercy and grace for help in all times. "

This passage emphasizes Jesus' compassion and understanding as high priest and invites us to come boldly to Him for grace and help. This further highlights Jesus' role as our refuge.

In these verses, we see Jesus as our resting place and the refuge of our souls. Through Him, we can find God's embrace and receive true comfort and peace.

## We pray together

Thank you, O God, that you are our refuge and that we have found true rest in you. Thank You for paving the way for us to have Jesus as our guide and refuge. Forgive us for our sins, give us the strength and wisdom to live in Your love. Thank You for your peace and comfort, and may we always feel Your mercy. In Jesus' name, Amen.

## 1 Samuel

### CHAPTER 22

1Sa. 22:1 David left Gath and escaped to the cave of Adullam. When his brothers and his father's household heard about it, they went down to him there.

1Sa. 22:2 All those who were in distress or in debt or discontented gathered round him, and he became their leader. About four

hundred men were with him.

1Sa. 22:3 From there David went to Mizpah in Moab and said to the king of Moab, "Would you let my father and mother come and stay with you until I learn what God will do for me?"

1Sa. 22:4 So he left them with the king of Moab, and they stayed with him as long as David was in the stronghold.

1Sa. 22:5 But the prophet Gad said to David, "Do not stay in the stronghold. Go into the land of Judah." So David left and went to the forest of Hereth.

1Sa. 22:6 Now Saul heard that David and his men had been discovered. And Saul, spear in hand, was seated under the tamarisk tree on the hill at Gibeah, with all his officials standing round him.

1Sa. 22:7 Saul said to them, "Listen, men of Benjamin! Will the son of Jesse give all of you fields and vineyards? Will he make all of you commanders of thousands and commanders of hundreds?"

1Sa. 22:8 Is that why you have all conspired against me? No-one tells me when my son makes a covenant with the son of Jesse.

None of you is concerned about me or tells me that my son has incited my servant to lie in wait for me, as he does today."

1Sa. 22:9 But Doeg the Edomite, who was standing with Saul's officials, said, "I saw the son of Jesse come to Ahimelech son of Ahitub at Nob.

1Sa. 22:10 Ahimelech enquired of the LORD for him; he also gave him provisions and the sword of Goliath the Philistine."

1Sa. 22:11 Then the king sent for the priest Ahimelech son of Ahitub and his father's whole family, who were the priests at Nob, and they all came to the king.

1Sa. 22:12 Saul said, "Listen now, son of Ahitub." "Yes, my lord," he answered.

1Sa. 22:13 Saul said to him, "Why have you conspired against me, you and the son of Jesse, giving him bread and a sword and enquiring of God for him, so that he has rebelled against me and lies in wait for me, as he does today?"

1Sa. 22:14 Ahimelech answered the king, "Who of all your servants is as loyal as David, the king's son-in-law, captain of your bodyguard and highly respected in your household?"

1Sa. 22:15 Was that day the first time I enquired of God for him? Of course not! Let not the king accuse your servant or any of his father's family, for your servant knows nothing at all about this whole affair."

1Sa. 22:16 But the king said, "You shall surely die, Ahimelech, you and your father's whole family."

1Sa. 22:17 Then the king ordered the guards at his side: “Turn and kill the priests of the LORD, because they too have sided with David. They knew he was fleeing, yet they did not tell me.” But the king’s officials were not willing to raise a hand to strike the priests of the LORD.

1Sa. 22:18 The king then ordered Doeg, “You turn and strike down the priests.” So Doeg the Edomite turned and struck them down.

That day he killed eighty-five men who wore the linen ephod.

1Sa. 22:19 He also put to the sword Nob, the town of the priests, with its men and women, its children and infants, and its cattle, donkeys and sheep.

1Sa. 22:20 But Abiathar, son of Ahimelech son of Ahitub, escaped and fled to join David.

1Sa. 22:21 He told David that Saul had killed the priests of the LORD.

1Sa. 22:22 Then David said to Abiathar: “That day, when Doeg the Edomite was there, I knew he would be sure to tell Saul. I am responsible for the death of your father’s whole family.

1Sa. 22:23 Stay with me; don’t be afraid; the man who is seeking your life is seeking mine also. You will be safe with me.”

Chapter 22 starts with David fleeing from Saul and going to the cave of Adullam. He is soon joined by his family and other people who were in distress, in debt or discontented. They become a band of about four hundred men under David's leadership.

When Saul hears that David is in the region of Judah, he becomes even more paranoid and accuses his own officials of conspiring with David against him. He orders Doeg the Edomite to kill the priests of Nob, who had given David and his men some bread and a sword. Doeg kills all the priests except for Abiathar, who escapes to join David.

David feels responsible for the deaths of the priests and welcomes Abiathar into his protection. He tells him that he will protect him from Saul and his men. Meanwhile, David asks the king of Moab to protect his parents until he knows what God has in store for him.

One of Saul's servants, named Edomite, informs him that David is staying in the stronghold at Horesh. Saul immediately sets out with his soldiers to find him. David learns of this and asks God what he should do. God tells him to go to Keilah and that He will deliver the Philistines into his hands.

David and his men go to Keilah and defeat the Philistines, saving the people of Keilah. Saul hears that David is there and decides not to pursue him, probably because he is busy fighting the Philistines. David and his men continue to roam the wilderness, avoiding Saul and his men. This chapter shows the contrast between David and Saul. David is merciful to the priests of Nob, while Saul is ruthless in ordering their execution. David also shows his leadership skills by gathering a band of followers and successfully defeating the Philistines at Keilah. Saul, on the other hand, is increasingly paranoid and paranoid, accusing his own officials of conspiring against him.

Here are some important verses from chapter 22 of 1 Samuel in the Christian Bible:

1 Samuel 22:1-2 - "David left Gath and escaped to the cave of Adullam. When his brothers and his father's household heard about it, they went down to him there. All those who were in distress or in debt or discontented gathered around him, and he became their commander. About four hundred men were with him."

1 Samuel 22:9-10 - "But Doeg the Edomite, who was standing with Saul's officials, said, 'I saw the son of Jesse come to Ahimelek son of Ahitub at Nob. Ahimelek inquired of the Lord for him; he also gave him provisions and the sword of Goliath the Philistine.'"

1 Samuel 22:23 - "Stay with me; don't be afraid. The man who wants to kill you is trying to kill me too. You will be safe with me."

These verses describe David's refuge in the cave of Adullam, where he is joined by others who are also in distress or facing difficult circumstances. Saul learns of David's whereabouts from Doeg, and he accuses Ahimelek and the priests of helping David and orders their execution. However, one priest, Abiathar, manages to escape and joins David. This chapter highlights the danger that David and his supporters face, as well as their reliance on each other for protection and support.

1 Samuel chapter 22 portrays a tumultuous time in David's life as he seeks refuge from Saul's relentless pursuit. This chapter explores themes of fear, faithfulness, and God's sovereignty in the midst of difficult circumstances.

One of the key themes that emerges from this chapter is the theme of fear. David, knowing that Saul is determined to kill him, seeks refuge in the cave of Adullam. In this place of vulnerability, David is joined by others who are also in distress and facing challenges.

This chapter reflects the reality that fear can grip our hearts when we face uncertainty and threats to our well-being. It reminds us that even the strongest and most faithful individuals can experience fear in the face of overwhelming circumstances. It encourages us to acknowledge our fears and bring them before God, seeking His strength and guidance.

Furthermore, 1 Samuel chapter 22 highlights the faithfulness of God in the midst of adversity. Despite David's difficult circumstances, he remains committed to seeking and following God's will. He acknowledges God's sovereignty and trusts that God has a plan for his life, even in the midst of danger.

This chapter underscores the importance of maintaining faithfulness to God, even when faced with challenges and persecution. It reminds us that God remains faithful to His people, providing strength, comfort, and direction in times of distress. It encourages us to rely on God's guidance and to remain steadfast in our faith, knowing that He is with us in every situation.

Additionally, 1 Samuel chapter 22 highlights the importance of community and support in difficult times. David, in the cave of Adullam, is joined by those who are distressed, indebted, and discontented. Together, they form a community that supports and encourages one another.

This chapter emphasizes the power of unity and fellowship among believers. It reminds us that we are not alone in our struggles and that God often provides support and encouragement through the presence of others. It prompts us to seek and offer support to one another, especially during challenging seasons of life.

In conclusion, 1 Samuel chapter 22 brings forth reflections on fear, faithfulness, and the importance of community. It acknowledges the reality of fear in difficult circumstances but encourages us to turn to God for strength and guidance. It reminds us of God's faithfulness and calls us to remain steadfast in our trust in Him. It also prompts us to seek and offer support within the community of believers. May we find courage in God's presence, remain faithful in adversity, and extend support and love to those around us.