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YouTube Prayer Link

We need to get rid of the filthiness in our hearts

Deuteronomy 10

10:16 So get rid of the filth in your heart. It can't be harder neck .

10:17 For Yahweh your God is the God of gods, the Lord of lords, the great God, mighty and mighty, great and terrible, not to be taken by appearance, nor to be robbed.

Purifying the mind and removing the inner impurities is an important step in everyone's growth and self-improvement. Our hearts are like a mirror, reflecting our thoughts, emotions, and actions. When the mind is filled with negative emotions, hatred, anxiety, or unhealthy thoughts, this not only affects our daily lives, but can also have a negative impact on our health and well-being. Therefore, it is very important to constantly examine and purify our minds.

First, to purify the mind, we need to recognize the filth within. This can include anger, jealousy, hatred, feelings of inferiority, guilt, or other negative emotions. We should be brave enough to confront these emotions and not run away from or suppress them. It is only when we truly recognize that they exist that we can take steps to improve them.

One effective way to do this is to engage in self-reflection and meditation. Through meditation, we can be still and observe our thoughts and emotions instead of being controlled by them. This helps us to understand ourselves better and to find out the defilement within.

Also, we can ask for support and help. Sharing our feelings and distress with friends, family or a counsellor can help us release our inner stress and emotions. They can give us support, advice, and understanding to help us get out of the darkness within.

In addition, cultivating positive thoughts and emotions is also an important part of purifying the mind. Learning gratitude, forgiveness, love, and self-acceptance can improve our state of mind.

Such a transformation does not happen overnight, but gradually, we will find that the mind becomes clearer and calmer.

Practicing good deeds can also help us purify our minds. Caring for others and giving love makes us feel fulfilled and joyful. When we turn our focus to others, the inner filth fades away.

Purifying the mind is a long and long-lasting process that requires persistence and patience. However, this process will make us more calm, fulfilled, and grateful for life. No matter how big the challenges we face, purifying our minds can help us cope better and live a more meaningful life. So, let's work together to gradually remove the filth of our hearts and move towards a healthier and happier tomorrow.

The Bible contains many teachings on purifying the heart and purifying the heart from impurities. Here are some Bible passages and lessons that can help people practice spiritual purification guided by faith:

Psalm 51:10 - "Create for me, O God, a pure heart and a new spirit of uprightness within me. "

Matthew 5:8 - "Blessed are the pure in heart! for they shall see God. "

Matthew 15:18-19 - "But what comes out of the mouth is out of the heart, and these defile a man." For out of the heart come evil thoughts, murder, adultery, fornication, theft, and false testimony. "

Mark 7:20-23 - "And he said, That which proceeds from a man is defilement. For from within, from the heart of man, there are evil thoughts, fornication, theft, murder, adultery, covetousness, wickedness, deceit, lewdness, envy, pride, and arrogance. All these evil things come from within, and they defile people.] "

James 4:8 - "Draw near to God, and he will draw near to you." Wash your hands, you sinful ones, and be clean in heart."

Ephesians 4:31-32 - "Let all bitterness, and wrath, and wrath, and clamour, and slander, and all malice be put away from among you, and forgive one another with compassion and mercy, just as God in Christ forgave you." "

These verses teach us to purify our hearts by changing our thoughts, behaviors, and attitudes. This includes recognizing and letting go of sin, cultivating compassion and forgiveness, and building an intimate relationship with God. These teachings can serve as a guide to the spiritual life and help us achieve purity and peace of mind.

How to respond to this mission:

Repentance: Christians should recognize their sins, repent and seek forgiveness from God. This is one of the core concepts in the Christian faith. Through prayer, Christians can honestly confess their sins and trust in God's grace to cleanse their hearts.

Guidance of the Holy Spirit: Christians believe that the Holy Spirit is a gift from God that can help them purify their hearts in their daily lives. Through prayer and Bible reading, they can seek

the guidance of the Holy Ghost to help them recognize and overcome the defilement of their hearts.

Prayer and meditation: Through prayer and meditation, Christians can take time to connect more deeply with God and reflect on their inner state. This helps to remind them to let go of the negative emotions in their hearts and seek God's help.

Bible Reading and Study: Bible reading is an important part of the Christian faith life, providing God's Word to guide and teach Christians how to live more in line with God's will. By studying the teachings of the Bible, Christians can learn how to turn away from sin and keep a clean heart.

Forgiveness and Love: Christians should learn to forgive others as God forgives them. This helps to stay away from resentment and inner filth. At the same time, Christians should strive to love others and respect the dignity of each person, which helps to maintain a peaceful, loving, and kind mind.

We prayed together

Dear Heavenly Father, we come to you and thank you for your love and grace. We admit that we are sinful and that we may have negative emotions and perverse thoughts in our hearts. We desire to cleanse this filth from our hearts.

Wash our hearts, O Lord, and make our hearts pure. Give us your Holy Spirit to guide us on the path of righteousness and help us to recognize and repent of our sins. Let your love and grace fill us so that we can love others, forgive others, and live out your will.

We also pray for other Christians to find strength and support in their faith life to purify their hearts, connect with you more deeply, and reflect your love and truth in their lives.

Please bless us and lead us to a cleaner and more meaningful life. In Jesus' name I pray, amen..

Deuteronomy chapter 10

De. 10:1 At that time the LORD said to me, "Chisel out two stone tablets like the first ones and come up to me on the mountain.

Also make a wooden chest.

De. 10:2 I will write on the tablets the words that were on the first tablets, which you broke. Then you are to put them in the chest."

De. 10:3 So I made the ark out of acacia wood and chiselled out two stone tablets like the first ones, and I went up on the mountain with the two tablets in my hands.

De. 10:4 The LORD wrote on these tablets what he had written before, the Ten Commandments he had proclaimed to you on the mountain, out of the fire, on the day of the assembly. And the LORD gave them to me.

De. 10:5 Then I came back down the mountain and put the tablets in the ark I had made, as the LORD commanded me, and they are there now.

De. 10:6 (The Israelites travelled from the wells of the Jaakanites to Moserah. There Aaron died and was buried, and Eleazar his son succeeded him as priest.

De. 10:7 From there they travelled to Gudgodah and on to Jotbathah, a land with streams of water.

De. 10:8 At that time the LORD set apart the tribe of Levi to carry the ark of the covenant of the LORD, to stand before the LORD to minister and to pronounce blessings in his name, as they still do today.

De. 10:9 That is why the Levites have no share or inheritance among their brothers; the LORD is their inheritance, as the LORD your God told them.)

De. 10:10 Now I had stayed on the mountain forty days and nights, as I did the first time, and the LORD listened to me at this time also. It was not his will to destroy you.

De. 10:11 “Go,” the LORD said to me, “and lead the people on their way, so that they may enter and possess the land that I swore to their fathers to give them.”

De. 10:12 And now, O Israel, what does the LORD your God ask of you but to fear the LORD your God, to walk in all his ways, to love him, to serve the LORD your God with all your heart and with all your soul,

De. 10:13 and to observe the LORD’s commands and decrees that I am giving you today for your own good?

De. 10:14 To the LORD your God belong the heavens, even the highest heavens, the earth and everything in it.

De. 10:15 Yet the LORD set his affection on your forefathers and loved them, and he chose you, their descendants, above all the nations, as it is today.

De. 10:16 Circumcise your hearts, therefore, and do not be stiff-necked any longer.

De. 10:17 For the LORD your God is God of gods and Lord of lords, the great God, mighty and awesome, who shows no partiality and accepts no bribes.

De. 10:18 He defends the cause of the fatherless and the widow, and loves the alien, giving him food and clothing.

De. 10:19 And you are to love those who are aliens, for you yourselves were aliens in Egypt.

De. 10:20 Fear the LORD your God and serve him. Hold fast to him and take your oaths in his name.

De. 10:21 He is your praise; he is your God, who performed for you those great and awesome wonders you saw with your own eyes.

De. 10:22 Your forefathers who went down into Egypt were seventy in all, and now the LORD your God has made you as numerous as the stars in the sky.

Chapter 10 begins with Moses recounting the story of how he received the second set of tablets of the Ten Commandments from God on Mount Sinai, after the first set was destroyed when the Israelites made a golden calf.

Moses then emphasizes the importance of obedience to God's commands and reminds the Israelites that their God is the only true God. He encourages them to fear God and serve Him with all their hearts and souls.

Furthermore, Moses reminds the Israelites that God has chosen them as His treasured possession and that they are to be a holy people set apart for God's purposes. He instructs them to love and serve God, and to obey His commands.

Moses also reminds the Israelites of God's justice and righteousness, and encourages them to show justice and kindness to the foreigners living among them.

Overall, Chapter 10 emphasizes the importance of obedience to God's commands, the fear of God, and the love and service of God. Moses reminds the Israelites of their special status as God's treasured possession and instructs them to be holy and set apart. He encourages them to show justice and kindness to the foreigners among them and reminds them of God's justice and righteousness.

Here are some key verses from Chapter 10 of the Book of Deuteronomy in the Christian Bible:

1. "At that time the Lord said to me, 'Chisel out two stone tablets like the first ones and come up to me on the mountain. Also make a wooden ark.'" (Deuteronomy 10:1)
2. "And now, Israel, what does the Lord your God ask of you but to fear the Lord your God, to walk in obedience to him, to love him, to serve the Lord your God with all your heart and with all your soul." (Deuteronomy 10:12)
3. "For the Lord your God is God of gods and Lord of lords, the great God, mighty and awesome, who shows no partiality and accepts no bribes." (Deuteronomy 10:17)
4. "He defends the cause of the fatherless and the widow, and loves the foreigner residing among you, giving them food and clothing." (Deuteronomy 10:18)

5. "Fear the Lord your God and serve him. Hold fast to him and take your oaths in his name." (Deuteronomy 10:20)

These verses speak to the importance of obeying God and loving Him with all of our heart and soul. They also highlight God's greatness and the fact that He shows no partiality, but rather defends the cause of the fatherless and the widow, and loves the foreigner residing among His people. The verses call on the Israelites to fear God, serve Him, and take their oaths in His name. Additionally, the verses recount the story of Moses receiving the tablets of the covenant and making a wooden ark to hold them.

Chapter 10 of the Book of Deuteronomy focuses on God's covenant faithfulness and the call for the Israelites to respond with wholehearted devotion and obedience. Here is a reflection on some key themes and lessons from this chapter:

The Tablets of Stone: Moses recounts how God commanded him to make new tablets of stone after the Israelites had broken the original ones. This act symbolizes God's willingness to renew His covenant with His people despite their disobedience. It serves as a reminder of God's grace and His commitment to His promises, even in the face of human failure.

God's Greatness and Majesty: Moses reminds the Israelites of God's greatness and power, describing Him as the "God of gods and Lord of lords." This declaration highlights God's supremacy over all other gods and rulers. It invites us to recognize and honor God's sovereignty, giving Him the highest place in our lives.

Love and Obedience: Moses emphasizes the call for the Israelites to love and serve the Lord with all their heart and soul. He reminds them that their obedience to God's commands is not burdensome but is a response to His love and faithfulness towards them. This teaches us that love for God and obedience to His Word are inseparable and mutually reinforcing.

God's Care for the Vulnerable: Moses highlights God's care for the vulnerable and marginalized in society. He mentions God's concern for the fatherless, the widow, and the foreigner, urging the Israelites to reflect God's compassion by extending justice and care to those in need. This reminds us of our responsibility to show love and kindness to the marginalized and to work for justice and equality in society.

Circumcision of the Heart: Moses calls the Israelites to circumcise their hearts and no longer be stubborn or rebellious. This points to the need for inward transformation and genuine devotion to

God, rather than merely outward rituals or appearances. It reminds us that true worship and obedience stem from a transformed heart and a sincere love for God.

Fear and Reverence for God: Moses instructs the Israelites to fear the Lord and to walk in His ways. This fear is not a paralyzing terror, but a reverential awe and deep respect for God's holiness and power. It prompts us to approach God with humility, recognizing His authority and submitting to His will.

In summary, Deuteronomy 10 prompts reflection on the themes of God's covenant faithfulness, His greatness and majesty, love and obedience, care for the vulnerable, circumcision of the heart, and fear and reverence for God. These reflections call us to respond to God's faithfulness with wholehearted love, obedience, and reverence, and to reflect His compassion and justice in our interactions with others. They also remind us of the importance of inward transformation and genuine devotion to God, rather than mere external rituals.