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Isaiah 41:10 - "So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand."

Psalms 46:1 - "God is our refuge and strength, an ever-present help in trouble."

Philippians 4:13 - "I can do all this through him who gives me strength."

2 Corinthians 12:9 - "But he said to me, 'My grace is sufficient for you, for my power is made perfect in weakness.' Therefore, I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me."

2 Timothy 4:7

"I have fought the good fight, finished the race, and kept the faith."

Hard work, dedication, and staying true to your faith pays off in the end. Stick to it and you will be rewarded — God will make sure of it.

Dear Father,

knowing that You are our rock and fortress. You are the refuge we seek when the burdens of the world weigh heavily upon us. As we navigate these hard days at work, we find solace in Your presence.

Grant us the strength to persevere through the challenges that come our way. When exhaustion threatens to consume us, infuse us with Your divine energy that rejuvenates our spirits. Help us to find moments of respite amidst the chaos, where we can replenish our souls and find clarity in Your loving embrace.

In the face of adversity, grant us unwavering determination to rise above our circumstances. May our minds be filled with resilience, enabling us to face each task with unwavering resolve. Give us the wisdom to seek help and support when needed, recognizing that we are not alone on this journey.

As we encounter difficult times, may we remember that it is through these challenges that we grow and learn. Help us to cultivate patience and grace, knowing that every trial we face has the potential to shape us into stronger, more compassionate beings.

In moments of doubt, instill within us a deep faith that surpasses all understanding. May we find solace in knowing that You are with us every step of the way, guiding us through the darkest of times and illuminating the path ahead.

In Jesus's name, we pray. Amen.

## Exodus chapter 10

### CHAPTER 10

Ex. 10:1 Then the LORD said to Moses, "Go to Pharaoh, for I have hardened his heart and the hearts of his officials so that I may perform these miraculous signs of mine among them

Ex. 10:2 that you may tell your children and grandchildren how I dealt harshly with the Egyptians and how I performed my signs among them, and that you may know that I am the LORD."

Ex. 10:3 So Moses and Aaron went to Pharaoh and said to him, "This is what the LORD, the God of the Hebrews, says: 'How long will you refuse to humble yourself before me? Let my people go, so that they may worship me.

Ex. 10:4 If you refuse to let them go, I will bring locusts into your country tomorrow.

Ex. 10:5 They will cover the face of the ground so that it cannot be seen. They will devour what little you have left after the hail,

including every tree that is growing in your fields.

Ex. 10:6 They will fill your houses and those of all your officials and all the Egyptians — something neither your fathers nor your forefathers have ever seen from the day they settled in this land till now.” Then Moses turned and left Pharaoh.

Ex. 10:7 Pharaoh’s officials said to him, “How long will this man be a snare to us? Let the people go, so that they may worship the LORD their God. Do you not yet realise that Egypt is ruined?”

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Ex. 10:8 Then Moses and Aaron were brought back to Pharaoh. “Go, worship the LORD your God,” he said. “But just who will be going?”

Ex. 10:9 Moses answered, “We will go with our young and old, with our sons and daughters, and with our flocks and herds, because we are to celebrate a festival to the LORD.”

Ex. 10:10 Pharaoh said, “The LORD be with you — if I let you go, along with your women and children! Clearly you are bent on evil.

Ex. 10:11 No! Let only the men go; and worship the LORD, since that’s what you have been asking for.” Then Moses and Aaron were driven out of Pharaoh’s presence.

Ex. 10:12 And the LORD said to Moses, “Stretch out your hand over Egypt so that locusts will swarm over the land and devour everything growing in the fields, everything left by the hail.”

Ex. 10:13 So Moses stretched out his staff over Egypt, and the LORD made an east wind blow across the land all that day and all that night. By morning the wind had brought the locusts;

Ex. 10:14 they invaded all Egypt and settled down in every area of the

country in great numbers. Never before had there been such a plague of locusts, nor will there ever be again.

Ex. 10:15 They covered all the ground until it was black. They devoured all that was left after the hail — everything growing in the fields and the fruit on the trees. Nothing green remained on tree or plant in all the land of Egypt.

Ex. 10:16 Pharaoh quickly summoned Moses and Aaron and said, “I have sinned against the LORD your God and against you.

Ex. 10:17 Now forgive my sin once more and pray to the LORD your God to take this deadly plague away from me.”

Ex. 10:18 Moses then left Pharaoh and prayed to the LORD.

Ex. 10:19 And the LORD changed the wind to a very strong west wind, which caught up the locusts and carried them into the Red Sea. Not a locust was left anywhere in Egypt.

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Ex. 10:20 But the LORD hardened Pharaoh’s heart, and he would not let the Israelites go.

Ex. 10:21 Then the LORD said to Moses, “Stretch out your hand towards the sky so that darkness will spread over Egypt — darkness that can be felt.”

Ex. 10:22 So Moses stretched out his hand towards the sky, and total darkness covered all Egypt for three days.

Ex. 10:23 No-one could see anyone else or leave his place for three days. Yet all the Israelites had light in the places where they lived.

Ex. 10:24 Then Pharaoh summoned Moses and said, “Go, worship the LORD. Even your women and children may go with you; only leave your flocks and herds behind.”

Ex. 10:25 But Moses said, “You must allow us to have sacrifices and

burnt offerings to present to the LORD our God.

Ex. 10:26 Our livestock too must go with us; not a hoof is to be left behind. We have to use some of them in worshipping the LORD our God, and until we get there we will not know what we are to use to worship the LORD.”

Ex. 10:27 But the LORD hardened Pharaoh’s heart, and he was not willing to let them go.

Ex. 10:28 Pharaoh said to Moses, “Get out of my sight! Make sure you do not appear before me again! The day you see my face you will die.”

Ex. 10:29 “Just as you say,” Moses replied, “I will never appear before you again.”

Chapter 10 of Exodus in the Bible continues the account of the plagues that God sent upon Egypt. In this chapter, God sends a plague of locusts upon the land, which devours all of the remaining crops and vegetation that had not been destroyed by the previous hailstorm.

Pharaoh finally begins to realize the severity of the situation and asks Moses and Aaron to intercede with God on his behalf, promising to let the Israelites go. However, once the locusts are removed, Pharaoh changes his mind and refuses to let the Israelites go.

God then sends a plague of darkness upon the land of Egypt, causing a thick and oppressive darkness to cover the land for three days. The darkness is so intense that the Egyptians cannot even see one another or move about for the entire duration of the plague.

Despite the severity of the plagues, Pharaoh still refuses to let the Israelites go. God then warns Moses of the final and most devastating plague that is to come - the death of all the firstborn sons of Egypt.

The chapter ends with Moses warning Pharaoh of the coming plague and Pharaoh's continued refusal to let the Israelites go.

the key verses Chapter 10 of Exodus in the Bible

Exodus chapter 10 continues the story of the plagues that God sends upon Egypt to punish Pharaoh for his disobedience.

Here are some key verses from Exodus chapter 10:

1. "Then the Lord said to Moses, 'Go to Pharaoh, for I have hardened his heart and the hearts of his officials so that I may perform these signs of mine among them'" (Exodus 10:1): This verse shows how God is using the confrontation with Pharaoh and the plagues to demonstrate his power and bring about his purposes.
2. "Pharaoh's officials said to him, 'How long will this man be a snare to us? Let the people go, so that they may worship the Lord their God. Do you not yet realize that Egypt is ruined?'" (Exodus 10:7): This verse shows how some of Pharaoh's officials begin to recognize the folly of resisting God and urge him to release the Israelites.
3. "Then the Lord said to Moses, 'Stretch out your hand over Egypt so that locusts swarm over the land and devour everything growing in the fields, everything left by the hail'" (Exodus 10:12): This verse shows how God sends a plague of locusts upon Egypt to punish Pharaoh for his continued disobedience.
4. "Pharaoh quickly summoned Moses and Aaron and said, 'I have sinned against the Lord your God and against you. Now forgive my sin once more and pray to the Lord your God to take this deadly plague away from me'" (Exodus 10:16-17): This verse shows how Pharaoh temporarily acknowledges his guilt and asks for forgiveness, but he later changes his mind and refuses to release the Israelites.
5. "Then the Lord changed the wind to a very strong west wind, which caught up the locusts and carried them into the Red Sea. Not a locust was left anywhere in Egypt" (Exodus 10:19): This verse shows how God removes the plague of locusts from Egypt, but Pharaoh still refuses to release the Israelites.

Here's a reflection on Exodus chapter 10:

Exodus chapter 10 continues the account of the plagues that God sends upon Egypt in order to secure the release of the Israelites. In this chapter, God unleashes the plagues of locusts and darkness upon the land, further demonstrating His power and authority.

One of the central themes in this chapter is the relentlessness of God's pursuit of freedom for His people. Despite Pharaoh's ongoing resistance and refusal to release the Israelites, God continues to bring forth plagues that disrupt and devastate Egypt. The plagues serve as both acts of judgment against the false gods of Egypt and as a means of demonstrating God's power to deliver His people from bondage.

Throughout this chapter, God sends a swarm of locusts that covers the land, devouring every green plant and crop. This plague brings widespread devastation and scarcity to Egypt. Following this, God envelops the land in a thick darkness that lasts for three days, a darkness so intense that it can be felt. These plagues serve as powerful signs of God's authority over nature and His ability to bring about both judgment and deliverance.

Another important theme in this chapter is the ongoing hardening of Pharaoh's heart. Despite witnessing the destruction caused by the plagues, Pharaoh remains obstinate and refuses to release the Israelites. His heart becomes further hardened, intensifying the conflict between him and God.

Reflecting on Exodus chapter 10, we can draw several lessons for our own lives. Firstly, it reminds us of God's determination to bring about freedom and deliverance for His people. Just as God relentlessly pursued the liberation of the Israelites, we can trust that God is actively working for our freedom from bondage, oppression, and sin. His love and commitment to our well-being are unwavering.

Secondly, this chapter underscores the consequences of a hardened heart. Pharaoh's continued resistance and refusal to acknowledge God's authority bring about further devastation and suffering for the Egyptians. It serves as a reminder for us to examine our own hearts and be open to God's leading, lest our stubbornness and pride lead to destructive consequences.

Furthermore, Exodus chapter 10 highlights the power and sovereignty of God over all creation. The plagues of locusts and darkness reveal God's ability to manipulate the natural elements and disrupt the order of things. They remind us that God is in control of the universe and that His power extends far beyond human comprehension.

In conclusion, Exodus chapter 10 showcases God's relentless pursuit of freedom, His authority over creation, and the consequences of a hardened heart. It calls us to trust in God's determination to bring about deliverance in our lives, to examine the condition of our hearts, and to acknowledge His power and sovereignty. By reflecting on these lessons, we can surrender our hearts to God, trust in His plans, and find hope in His ability to bring freedom and deliverance.

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