

No copyright materials are used in this text
The summary and interpretation of the specific chapter and verses
are from the Bible, they are religious text that is in the public
domain.

Free to Copy and Distribute: Spread the Word!

(Peter Lok) 駱沅祺
lokpeter@outlook.com

Daily Rice 2023 June 18

Ephesians 6:10

"Finally, be strong in the Lord and in his mighty power."

Philippians 4:13

"I can do all things through him who gives me strength."

The promise of God's power: God promises to give us spiritual strength to overcome all temptations and difficulties. These promises remind us that God is our reliance and help. No matter what situation we face, He is with us and provides for our needs. When we accept and apply these promises in faith, we can experience abundance and victory in God's grace and power. God's Word is true and reliable, and we can confidently rely on His promises.

Dear Heavenly Father,

Thank you for playing an important role in our journey of life. You have called us to be faithful to our mission and values, not being troubled by unfair treatment, but courageously pursuing our goals. When we face conflicts, may You grant us the power of victory, for we believe in You and follow Your will. You will protect us and help us overcome difficulties.

In our family relationships and wealth, we have also experienced many challenges and conflicts. However, through negotiation and peaceful means, we have been able to resolve our differences. These experiences have taught us valuable lessons about family and interpersonal relationships, as well as the importance of having faith in You and practicing obedience.

Grant us wisdom and strength to better understand one another, to embrace different perspectives, and to handle the challenges in our family relationships with love and respect. Help us maintain clarity of thought to make wise financial decisions and to treat wealth with fairness and justice.

Lord, we thank You for all that You have given us. Grant us the confidence to believe that You will guide us on our journey of life. May Your will be accomplished in our lives, and may we always rely on You and act in Your ways.

We pray in the name of our Lord Jesus, Amen.

Genesis 31

In Genesis chapter 31, we find Jacob and his family residing with his father-in-law, Laban. Over time, Jacob becomes aware of Laban's growing resentment and jealousy towards him, as God has blessed Jacob with prosperity. Laban's sons also begin to view Jacob with suspicion and animosity.

God instructs Jacob to return to his homeland, Canaan. Jacob gathers his wives, children, and livestock and secretly leaves Laban's household. Rachel, one of Jacob's wives, takes Laban's household idols without his knowledge. Laban pursues Jacob and catches up to him, but God warns Laban in a dream not to harm Jacob.

Laban confronts Jacob about leaving secretly and accuses him of stealing his idols. Jacob, unaware that Rachel took the idols, boldly proclaims that anyone found with the stolen idols shall not live. Rachel cleverly conceals the idols and avoids detection.

Jacob and Laban eventually reconcile their differences and make a covenant. They set up a heap of stones as a witness to the agreement and establish a boundary between their territories. They promise not to harm each other and to uphold the covenant.

Key verses from Genesis chapter 31:

Genesis 31:3: "Then the Lord said to Jacob, 'Go back to the land of your fathers and to your relatives, and I will be with you.'"

This verse highlights God's instruction to Jacob to return to his homeland and reassures him of God's presence and protection.

Genesis 31:49: "May the Lord keep watch between you and me when we are away from each other."

This verse marks the establishment of the covenant between Jacob and Laban, emphasizing their commitment to peace and mutual respect.

Genesis 31:55: "Early the next morning Laban kissed his grandchildren and his daughters and blessed them. Then he left and returned home."

This verse shows the conclusion of the encounter between Jacob and Laban, as Laban blesses his daughters and grandchildren before departing.

In this chapter, we witness Jacob's departure from Laban's household, the confrontation with Laban, the reconciliation between them, and the establishment of a covenant. It showcases God's guidance and protection over Jacob and the resolution of conflicts between Jacob and Laban.

Genesis chapter 31 reflections :

Genesis chapter 31 provides several reflections on the story of Jacob and his relationship with Laban. Here are a few key reflections:

God's Faithfulness: Throughout this chapter, we see God's faithfulness to Jacob. God instructs Jacob to return to his homeland and assures him of His presence and protection. Despite the challenges and conflicts Jacob faces, God remains with him, guiding him through the journey. This reminds us that God is faithful to His promises and is always by our side, even in difficult circumstances.

Dealing with Conflict: The chapter highlights the presence of conflict between Jacob and Laban. Laban's growing jealousy and animosity towards Jacob create tension in their relationship. However, instead of escalating the conflict or seeking revenge, Jacob chooses to leave peacefully and reconcile with Laban later. This reflects the importance of handling conflicts wisely, seeking resolution rather than revenge, and striving for peace in relationships.

Trust in God's Providence: Jacob's decision to leave Laban's household and return to Canaan required trust in God's providence. He had to trust that God would protect him and fulfill His promises. This challenges us to trust in God's guidance and providence even when faced with uncertainty or challenging situations. It reminds us that God's plans and timing are perfect, and we can rely on His guidance in our own lives.

Reconciliation and Forgiveness: Despite their differences and past conflicts, Jacob and Laban eventually reconcile and make a covenant. They establish boundaries and agree not to harm each other. This serves as a reminder of the importance of reconciliation and forgiveness in our relationships. It shows that even when there is conflict, it is possible to find common ground and restore peace through forgiveness and understanding.

Overall, Genesis chapter 31 invites us to reflect on God's faithfulness, handling conflicts with wisdom and seeking peace, trusting in God's providence, and the importance of reconciliation and forgiveness in our relationships..