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## God's Promises Psalm 90-106

Psalm 90 does not contain specific promises made by God. Instead, it is a prayer of Moses that reflects on the brevity of human life and the eternal nature of God.

The psalm begins with a declaration of God's eternal nature and His role as our dwelling place throughout all generations. Moses then reflects on the transience of human life and the inevitability of death. He writes in verses 5-6: "You sweep them away as with a flood; they are like a dream, like grass that is renewed in the morning: in the morning it flourishes and is renewed; in the evening it fades and withers."

Despite this, Moses acknowledges God's power and asks Him to teach us to number our days and to gain a heart of wisdom. In verse 14, he prays, "Satisfy us in the morning with your steadfast love, that we may rejoice and be glad all our days." This can be seen as a request for God's provision and guidance throughout our lives.

Overall, while Psalm 90 does not contain explicit promises made by God, it does reflect on the eternal nature of God and the transience of human life. It encourages us to seek God's guidance and wisdom in the time that we have, and to trust in His steadfast love.

Psalm 91 is often referred to as the "psalm of protection" because it speaks of God's faithfulness and promises of protection for those who trust in Him. Here are some of the promises found in Psalm 91:

1. God will protect those who dwell in His shelter: "He who dwells in the shelter of the Most High will abide in the shadow of the Almighty" (verse 1).
2. God will be a refuge and fortress for those who trust in Him: "I will say to the Lord, 'My refuge and my fortress, my God, in whom I trust'" (verse 2).
3. God will deliver His people from deadly pestilence and other dangers: "He will deliver you from the snare of the fowler and from deadly pestilence" (verse 3).
4. God will cover His people with His feathers and under His wings they will find refuge: "He will cover you with his pinions, and under his wings you will find refuge; his faithfulness is a shield and buckler" (verse 4).
5. God's faithfulness will be a shield and a rampart to protect His people: "You will not fear the terror of the night, nor the arrow that flies by day, nor the pestilence that stalks in darkness, nor the destruction that wastes at noonday. A thousand

- may fall at your side, ten thousand at your right hand, but it will not come near you" (verses 5-7).
6. God will send His angels to guard and protect His people: "For he will command his angels concerning you to guard you in all your ways" (verse 11).
  7. God will be with His people in times of trouble and will deliver them and honor them: "Because he holds fast to me in love, I will deliver him; I will protect him, because he knows my name. When he calls to me, I will answer him; I will be with him in trouble; I will rescue him and honor him" (verses 14-15).

These are just some of the many promises of protection and deliverance that can be found in Psalm 91. It is a powerful reminder of God's faithfulness and love for His people, and a source of comfort and strength for those who trust in Him.

Psalm 92 is a psalm of thanksgiving and praise to God for His goodness and faithfulness. While it does not contain specific promises made by God, it does express trust in His unfailing love and faithfulness towards His people.

Here are some of the ways Psalm 92 speaks of God's character and blessings:

1. God's works are great and His thoughts are deep: "How great are your works, Lord, how profound your thoughts!" (verse 5)
2. God is righteous and just: "The righteous will flourish like a palm tree, they will grow like a cedar of Lebanon; planted in the house of the Lord, they will flourish in the courts of our God" (verses 12-13)
3. God brings joy and gladness to His people: "For you make me glad by your deeds, Lord; I sing for joy at what your hands have done" (verse 4)
4. God's love and faithfulness will endure forever: "But you, Lord, are forever exalted. For surely your enemies, Lord, surely your enemies will perish; all evildoers will be scattered. But you have made me as strong as a wild ox; you have anointed me with the finest oil. My eyes have seen the defeat of my adversaries; my ears have heard the rout of my wicked foes" (verses 8-11)
5. God will be exalted and His enemies will be defeated: "The righteous will flourish like a palm tree, they will grow like a cedar of Lebanon; planted in the house of the Lord, they will flourish in the courts of our God. They will still bear fruit in old age, they will stay fresh and green, proclaiming, 'The Lord is upright; he is my Rock, and there is no wickedness in him'" (verses 12-15)

Overall, Psalm 92 is a psalm of praise and thanksgiving to God for His goodness, righteousness, and faithfulness. It speaks of His blessings towards His people and His victory over His enemies.

Psalm 93 is a short psalm that proclaims the sovereignty and majesty of God over all creation. While it does not contain specific promises made by God, it speaks of His steadfastness and reign as King over all the earth.

Here are some of the ways Psalm 93 speaks of God's character and blessings:

1. God is clothed with majesty and strength: "The Lord reigns, he is robed in majesty; the Lord is robed in majesty and armed with strength" (verse 1).
2. God's throne is established and unshakeable: "Your throne was established long ago; you are from all eternity" (verse 2).

3. God's power is evident in the might of the sea: "The seas have lifted up, Lord, the seas have lifted up their voice; the seas have lifted up their pounding waves. Mightier than the thunder of the great waters, mightier than the breakers of the sea—the Lord on high is mighty" (verses 3-4).
4. God's decrees are trustworthy and sure: "Your statutes, Lord, stand firm; holiness adorns your house for endless days" (verse 5).

Overall, Psalm 93 proclaims the unshakeable sovereignty and power of God as King over all the earth. It reminds us of His majesty and strength, and encourages us to trust in His trustworthy and sure decrees.

Psalm 94 is a prayer for God's justice against the wicked and for His comfort for the righteous. It does not contain specific promises made by God, but it speaks of His character as a righteous judge who upholds justice and defends His people.

Here are some of the ways Psalm 94 speaks of God's character and blessings:

1. God is a righteous judge: "The Lord is a God who avenges. O God who avenges, shine forth. Rise up, Judge of the earth; pay back to the proud what they deserve" (verses 1-2).
2. God sees and knows the wickedness of the wicked: "The Lord knows all human plans; he knows that they are futile" (verse 11).
3. God is a stronghold and refuge for the righteous: "But the Lord has become my fortress, and my God the rock in whom I take refuge" (verse 22).
4. God will uphold justice and defend His people: "He will repay them for their sins and destroy them for their wickedness; the Lord our God will destroy them" (verse 23).

Overall, Psalm 94 expresses trust in God's justice and faithfulness to defend His people against the wicked. It reminds us that God is a righteous judge who sees and knows all things, and that He is a stronghold and refuge for those who trust in Him.

Psalm 95 is a psalm of praise and thanksgiving to God for His greatness and goodness. While it does not contain specific promises made by God, it speaks of His faithfulness, provision, and care for His people.

Here are some of the ways Psalm 95 speaks of God's character and blessings:

1. God is the Rock of our salvation: "Come, let us sing for joy to the Lord; let us shout aloud to the Rock of our salvation" (verse 1).
2. God is the great King above all gods: "In his hand are the depths of the earth, and the mountain peaks belong to him. The sea is his, for he made it, and his hands formed the dry land. Come, let us bow down in worship, let us kneel before the Lord our Maker; for he is our God and we are the people of his pasture, the flock under his care" (verses 4-7).
3. God provides for His people: "For forty years I was angry with that generation; I said, 'They are a people whose hearts go astray, and they have not known my ways.' So I declared on oath in my anger, 'They shall never enter my rest'" (verses 10-11).
4. God desires our obedience and worship: "Today, if only you would hear his voice, 'Do not harden your hearts as you did at Meribah, as you did that day at Massah in

the wilderness, where your ancestors tested me; they tried me, though they had seen what I did. For forty years I was angry with that generation; I said, "They are a people whose hearts go astray, and they have not known my ways." So I declared on oath in my anger, "They shall never enter my rest"" (verses 7-11). Overall, Psalm 95 invites us to worship and give thanks to God for His greatness and goodness. It reminds us of His faithfulness, provision, and care for His people, and encourages us to listen to His voice and obey His commands.

Psalm 96 is a psalm of praise and worship to God for His glory and sovereignty. While it does not contain specific promises made by God, it speaks of His greatness and the blessings that come from acknowledging Him as Lord.

Here are some of the ways Psalm 96 speaks of God's character and blessings:

1. God is great and worthy of praise: "Sing to the Lord a new song; sing to the Lord, all the earth. Sing to the Lord, praise his name; proclaim his salvation day after day. Declare his glory among the nations, his marvelous deeds among all peoples" (verses 1-3).
2. God is to be feared above all other gods: "For great is the Lord and most worthy of praise; he is to be feared above all gods. For all the gods of the nations are idols, but the Lord made the heavens" (verses 4-5).
3. God brings salvation and joy to His people: "Let the heavens rejoice, let the earth be glad; let the sea resound, and all that is in it. Let the fields be jubilant, and everything in them; let all the trees of the forest sing for joy. Let all creation rejoice before the Lord, for he comes, he comes to judge the earth. He will judge the world in righteousness and the peoples in his faithfulness" (verses 11-13).
4. God's righteousness and faithfulness will be revealed to all nations: "Say among the nations, 'The Lord reigns.' The world is firmly established, it cannot be moved; he will judge the peoples with equity. Let the heavens rejoice, let the earth be glad; let the sea resound, and all that is in it. Let the fields be jubilant, and everything in them; let all the trees of the forest sing for joy" (verses 10-12).

Overall, Psalm 96 calls on all people to acknowledge God as Lord and to give Him the praise and worship that He deserves. It reminds us of His greatness and worthiness, and encourages us to rejoice in His salvation and to declare His glory among the nations.

Psalm 97 is a psalm that speaks of God's sovereignty and His righteous rule over the earth. While it does not contain specific promises made by God, it speaks of His power, justice, and the blessings that come from living according to His ways.

Here are some of the ways Psalm 97 speaks of God's character and blessings:

1. God reigns over all the earth: "The Lord reigns, let the earth be glad; let the distant shores rejoice. Clouds and thick darkness surround him; righteousness and justice are the foundation of his throne" (verses 1-2).
2. God's power and majesty are unmatched: "Fire goes before him and consumes his foes on every side. His lightning lights up the world; the earth sees and trembles. The mountains melt like wax before the Lord, before the Lord of all the earth" (verses 3-5).

3. God's people are called to worship and obey Him: "Let those who love the Lord hate evil, for he guards the lives of his faithful ones and delivers them from the hand of the wicked. Light shines on the righteous and joy on the upright in heart. Rejoice in the Lord, you who are righteous, and praise his holy name" (verses 10-12).
4. God's justice will prevail over all nations: "The Lord reigns, let the nations tremble; he sits enthroned between the cherubim, let the earth shake. Great is the Lord in Zion; he is exalted over all the nations. Let them praise your great and awesome name—he is holy" (verses 8-9).

Overall, Psalm 97 reminds us of God's power, justice, and sovereignty over all the earth. It calls on us to worship and obey Him, to hate evil and to rejoice in His righteousness. It also reminds us that God's justice will ultimately prevail over all nations.

Psalm 98 is a psalm of praise and thanksgiving to God for His salvation and faithfulness to His people. While it does not contain specific promises made by God, it speaks of His greatness, salvation, and the blessings that come from living in His presence.

Here are some of the ways Psalm 98 speaks of God's character and blessings:

1. God has done marvelous things: "Sing to the Lord a new song, for he has done marvelous things; his right hand and his holy arm have worked salvation for him. The Lord has made his salvation known and revealed his righteousness to the nations" (verses 1-2).
2. God is victorious over all enemies: "The Lord has made his victory known; he has revealed his righteousness in the sight of the nations. He has remembered his love and his faithfulness to Israel; all the ends of the earth have seen the victory of our God" (verses 2-3).
3. God brings joy and gladness to His people: "Shout for joy to the Lord, all the earth, burst into jubilant song with music; make music to the Lord with the harp, with the harp and the sound of singing, with trumpets and the blast of the ram's horn— shout for joy before the Lord, the King" (verses 4-6).
4. God's judgment will be righteous and just: "Let the sea resound, and everything in it, the world, and all who live in it. Let the rivers clap their hands, let the mountains sing together for joy; let them sing before the Lord, for he comes to judge the earth. He will judge the world in righteousness and the peoples with equity" (verses 7-9).

Overall, Psalm 98 calls on all people to praise and worship God for His salvation and faithfulness. It reminds us of His greatness and victory over all enemies. It encourages us to live in joy and gladness, and to trust in His righteous judgment.

Psalm 99 is a psalm that speaks of God's sovereign rule over His people and His faithfulness to them. While it does not contain specific promises made by God, it speaks of His holiness, justice, and the blessings that come from living in His presence.

Here are some of the ways Psalm 99 speaks of God's character and blessings:

1. God is holy: "The Lord reigns, let the nations tremble; he sits enthroned between the cherubim, let the earth shake. Great is the Lord in Zion; he is exalted over all

- the nations. Let them praise your great and awesome name—he is holy" (verses 1-3).
2. God is just and righteous: "Moses and Aaron were among his priests, Samuel was among those who called on his name; they called on the Lord and he answered them. He spoke to them from the pillar of cloud; they kept his statutes and the decrees he gave them. Lord our God, you answered them; you were to Israel a forgiving God, though you punished their misdeeds" (verses 6-8).
  3. God forgives sins and punishes wrongdoing: "Exalt the Lord our God and worship at his footstool; he is holy. Moses and Aaron were among his priests, and Samuel was among those who called on his name; they called on the Lord and he answered them. He spoke to them from the pillar of cloud; they kept his statutes and the decrees he gave them. Lord our God, you answered them; you were to Israel a forgiving God, though you punished their misdeeds. Exalt the Lord our God and worship at his holy mountain, for the Lord our God is holy" (verses 5-9).
- Overall, Psalm 99 reminds us of God's holiness, justice, and faithfulness to His people. It calls on us to worship and exalt Him, to live according to His statutes and decrees, and to trust in His forgiveness and punishment of wrongdoing.

Psalm 100 is a psalm of thanksgiving and praise to God for His goodness and faithfulness. While it does not contain specific promises made by God, it speaks of His steadfast love, mercy, and faithfulness to His people.

Here are some of the ways Psalm 100 speaks of God's character and blessings:

1. God is good: "Shout for joy to the Lord, all the earth. Worship the Lord with gladness; come before him with joyful songs. Know that the Lord is God. It is he who made us, and we are his; we are his people, the sheep of his pasture. Enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his name. For the Lord is good and his love endures forever; his faithfulness continues through all generations" (verses 1-5).
2. God is the Creator and we are His people: "It is he who made us, and we are his; we are his people, the sheep of his pasture" (verse 3).
3. God's love and faithfulness endure forever: "For the Lord is good and his love endures forever; his faithfulness continues through all generations" (verse 5).

Overall, Psalm 100 reminds us of God's goodness and faithfulness to His people. It calls on us to worship and praise Him with joy and thanksgiving, to recognize that He is our Creator and we are His people, and to trust in His love and faithfulness that endure forever.

Psalm 101 is a psalm of David in which he makes a commitment to live a righteous and blameless life before God. While it does not contain specific promises made by God, it speaks of God's expectations for His people and the blessings that come from living according to His will.

Here are some of the ways Psalm 101 speaks of God's character and expectations:

1. God expects us to live with integrity: "I will be careful to lead a blameless life—when will you come to me? I will conduct the affairs of my house with a

- blameless heart. I will not look with approval on anything that is vile. I hate what faithless people do; I will have no part in it" (verses 2-3).
2. God hates wickedness and expects us to hate it too: "A perverse heart shall be far from me; I will know nothing of evil" (verse 4).
  3. God blesses those who live with integrity: "My eyes will be on the faithful in the land, that they may dwell with me; the one whose walk is blameless will minister to me. No one who practices deceit will dwell in my house; no one who speaks falsely will stand in my presence" (verses 6-7).

Overall, Psalm 101 calls on us to live with integrity and to hate what is evil. It reminds us that God expects His people to live in a way that is pleasing to Him, and that He blesses those who do so. While there are no specific promises made by God in this psalm, it serves as a reminder of His expectations and the blessings that come from following them.

Psalm 102 is a prayer of an afflicted person who is pouring out his heart to God in a time of distress. While it does not contain specific promises made by God, it speaks of His power and compassion in the face of human suffering.

Here are some of the ways Psalm 102 speaks of God's character and compassion:

1. God hears the prayers of the afflicted: "Hear my prayer, Lord; let my cry for help come to you. Do not hide your face from me when I am in distress. Turn your ear to me; when I call, answer me quickly" (verses 1-2).
2. God is powerful and eternal: "In the beginning you laid the foundations of the earth, and the heavens are the work of your hands. They will perish, but you remain; they will all wear out like a garment. Like clothing you will change them and they will be discarded. But you remain the same, and your years will never end" (verses 25-27).
3. God has compassion on His people: "But you, Lord, sit enthroned forever; your renown endures through all generations. You will arise and have compassion on Zion, for it is time to show favor to her; the appointed time has come" (verses 12-13).

Overall, Psalm 102 reminds us that God hears the prayers of the afflicted and has compassion on His people. It also acknowledges His power and eternal nature, and encourages us to place our trust in Him even in the midst of difficult circumstances. While there are no specific promises made by God in this psalm, it speaks to His character and offers comfort and hope to those who are suffering.

Psalm 103 is a beautiful psalm of thanksgiving that praises God for His goodness and mercy. In this psalm, there are several promises made by God to His people.

Here are some of the promises made by God in Psalm 103:

1. God forgives all our sins: "Praise the Lord, my soul, and forget not all his benefits— who forgives all your sins" (verses 2-3).
2. God heals all our diseases: "who heals all your diseases" (verse 3).
3. God redeems our lives from the pit: "who redeems your life from the pit" (verse 4).

4. God crowns us with love and compassion: "who crowns you with love and compassion" (verse 4).
5. God satisfies our desires with good things: "who satisfies your desires with good things so that your youth is renewed like the eagle's" (verse 5).
6. God is compassionate and gracious, slow to anger and abounding in love: "The Lord is compassionate and gracious, slow to anger, abounding in love" (verse 8).
7. God does not treat us as our sins deserve: "He does not treat us as our sins deserve or repay us according to our iniquities" (verse 10).
8. God's love for us is as great as the height of the heavens: "For as high as the heavens are above the earth, so great is his love for those who fear him" (verse 11).
9. God has compassion on us as a father has compassion on his children: "As a father has compassion on his children, so the Lord has compassion on those who fear him" (verse 13).

Overall, Psalm 103 is a powerful reminder of God's promises of forgiveness, healing, redemption, love, and compassion to His people. It encourages us to praise God for His goodness and to place our trust in Him.

Psalm 104 is a hymn that praises God for His creation and sovereignty over the world. While it does not contain specific promises made by God, it highlights His power and wisdom in creation, and His care for all that He has made.

Here are some of the ways Psalm 104 speaks of God's character and care:

1. God is the creator and sustainer of all things: "Bless the Lord, my soul. Lord my God, you are very great; you are clothed with splendor and majesty. The Lord wraps himself in light as with a garment; he stretches out the heavens like a tent and lays the beams of his upper chambers on their waters. He makes the clouds his chariot and rides on the wings of the wind" (verses 1-3).
2. God provides for His creatures: "He makes grass grow for the cattle, and plants for people to cultivate— bringing forth food from the earth: wine that gladdens human hearts, oil to make their faces shine, and bread that sustains their hearts" (verses 14-15).
3. God cares for His creation: "He makes springs pour water into the ravines; it flows between the mountains. They give water to all the beasts of the field; the wild donkeys quench their thirst. The birds of the sky nest by the waters; they sing among the branches. He waters the mountains from his upper chambers; the land is satisfied by the fruit of his work" (verses 10-13).
4. God's wisdom and power are displayed in creation: "How many are your works, Lord! In wisdom you made them all; the earth is full of your creatures" (verse 24).

Overall, Psalm 104 celebrates God's power and wisdom in creation and His care for all that He has made. While it does not contain specific promises made by God, it reminds us of His sovereignty over the world and encourages us to trust in Him as our Creator and Sustainer.

Psalm 105 is a hymn of praise and thanksgiving to God for His faithfulness to His covenant promises to Abraham, Isaac, and Jacob. The Psalmist recounts the history of



Israel from the patriarchs to the time of the Exodus from Egypt, highlighting God's faithfulness in fulfilling His promises to His people.

Here are some of the promises of God mentioned in Psalm 105:

1. The promise of a land: "He remembers his covenant forever, the promise he made, for a thousand generations, the covenant he made with Abraham, the oath he swore to Isaac. He confirmed it to Jacob as a decree, to Israel as an everlasting covenant: 'To you I will give the land of Canaan as the portion you will inherit'" (verses 8-11).
2. The promise of protection: "He allowed no one to oppress them; for their sake he rebuked kings: 'Do not touch my anointed ones; do my prophets no harm'" (verses 14-15).
3. The promise of provision: "He opened the rock, and water gushed out; it flowed like a river in the desert. For he remembered his holy promise given to his servant Abraham. He brought out his people with rejoicing, his chosen ones with shouts of joy" (verses 41-43).
4. The promise of deliverance: "He sent Moses his servant, and Aaron, whom he had chosen. They performed his signs among them, his wonders in the land of Ham" (verses 26-27).

Overall, Psalm 105 emphasizes God's faithfulness in fulfilling His promises to His people throughout history. It reminds us that God is a covenant-keeping God who remains faithful to His promises even when His people are unfaithful. As we trust in Him and His promises, we can be confident that He will fulfill them in His perfect timing and according to His sovereign plan.

Psalm 106 is a confession of the sins of the people of Israel and a plea for God's mercy and forgiveness. While the Psalm does not explicitly list out God's promises, it alludes to many of them throughout its verses. Here are some of the promises of God mentioned or alluded to in Psalm 106:

1. The promise of deliverance: The Psalmist recalls how God saved the Israelites from slavery in Egypt, parting the Red Sea to make a way for them to escape (verse 7-10).
2. The promise of provision: The Psalmist acknowledges how God provided for the Israelites in the wilderness, giving them manna to eat and water from a rock to drink (verse 13-15).
3. The promise of a land: The Psalmist describes how God gave the Israelites the land of Canaan as an inheritance, driving out the nations that lived there (verse 34-36).
4. The promise of restoration: The Psalmist acknowledges how the Israelites repeatedly turned away from God and suffered the consequences of their sin, but also expresses hope in God's promise to restore them (verse 43-46).

Overall, Psalm 106 emphasizes the importance of acknowledging and confessing sin, and relying on God's mercy and faithfulness to forgive and restore. While it does not provide a comprehensive list of God's promises, it acknowledges and alludes to many of them throughout its verses, highlighting God's faithfulness in keeping His promises even when His people are unfaithful.