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## God's Promises Psalm 1-41

In Psalm 1, God's promises are primarily focused on the blessings that come to those who delight in His law and who meditate on it day and night. Here are some of the promises that are mentioned in the psalm:

1. Blessedness: The psalm begins with a promise of blessedness for those who do not follow the advice of the wicked or stand in the way of sinners or sit in the seat of mockers. Instead, their delight is in the law of the Lord, and on it they meditate day and night (Psalm 1:1-2).
2. Prosperity: The psalm goes on to say that those who delight in the law of the Lord are like trees planted by streams of water, which yield their fruit in season and whose leaves do not wither. Whatever they do prospers (Psalm 1:3).
3. Judgment: The psalm also promises that the wicked will not stand in the judgment, nor sinners in the assembly of the righteous. The way of the wicked will perish (Psalm 1:5-6).

Overall, the psalm teaches that those who delight in the law of the Lord and meditate on it day and night will experience the blessings of God in their lives, including prosperity and the assurance of ultimate victory over the wicked.

Psalm 2 primarily speaks about God's sovereignty and the promise of His coming judgment and salvation. Here are some of the promises that can be found in this psalm:

1. God's sovereignty: Psalm 2 declares the Lord's sovereignty over all the nations and peoples of the earth. It states that God has set His King on His holy hill of Zion (Psalm 2:6) and that the Lord has installed His Anointed One as King (Psalm 2:2).
2. Judgment on the nations: The psalm speaks of God's judgment on the rebellious nations and rulers who oppose His rule. It warns them to serve the Lord with fear and to submit to His Son, lest they perish in His wrath (Psalm 2:10-12).
3. Salvation: The psalm also promises salvation and blessings to those who take refuge in the Lord and His anointed King. It encourages them to kiss the Son and find refuge in Him, for blessed are all who take refuge in Him (Psalm 2:12).

Overall, Psalm 2 reveals God's sovereignty over the nations and His promise of judgment on the rebellious rulers and peoples who oppose Him. It also offers the promise of salvation and blessings for those who take refuge in the Lord and His Anointed King.

Psalm 3 is a prayer of King David in a time of distress and danger. The promises of God in this psalm are centered on His protection, deliverance, and salvation. Here are some of the promises that can be found in Psalm 3:

1. Protection: The psalm begins with a declaration of David's trust in the Lord as his shield and the lifter of his head (Psalm 3:3). David acknowledges that the Lord is his protection and that He alone can deliver him from his enemies.
2. Deliverance: The psalm expresses David's confidence in God's ability to deliver him from his enemies. David prays to the Lord, and He answers him from His holy hill (Psalm 3:4). David is confident that the Lord will not only deliver him from his enemies but also give him the victory over them (Psalm 3:8).
3. Salvation: The psalm ends with a declaration of David's confidence in God's salvation. David acknowledges that salvation belongs to the Lord, and that His blessing is upon His people (Psalm 3:8).

Overall, Psalm 3 is a psalm of trust in the Lord's protection, deliverance, and salvation. The psalm encourages believers to turn to the Lord in times of distress and danger, and to trust in His power to protect and deliver them from their enemies.

Psalm 4 is another prayer of David, expressing his trust in the Lord and seeking His guidance and protection. The promises of God in this psalm are centered on His righteousness, mercy, and peace. Here are some of the promises that can be found in Psalm 4:

1. Righteousness: The psalm acknowledges the Lord's righteousness and His faithfulness to His people. David prays for the Lord to hear his cry, and he is confident that the Lord will answer him (Psalm 4:1). David recognizes that the Lord has set apart the godly for Himself and that He hears their prayers (Psalm 4:3).
2. Mercy: The psalm also speaks of the Lord's mercy and grace. David acknowledges that the Lord has been merciful to him in the past, and he prays for the Lord to be gracious to him again (Psalm 4:1). He encourages others to trust in the Lord and to put their hope in His unfailing love (Psalm 4:5).
3. Peace: The psalm ends with a promise of peace for those who trust in the Lord. David acknowledges that he can lie down and sleep in peace because the Lord makes him dwell in safety (Psalm 4:8).

Overall, Psalm 4 is a psalm of trust in the Lord's righteousness, mercy, and peace. The psalm encourages believers to turn to the Lord in times of trouble, to trust in His unfailing love, and to rest in the peace that only He can provide.

Psalm 5 is another prayer of David, expressing his trust in the Lord and seeking His guidance and protection. The promises of God in this psalm are centered on His justice, protection, and blessing. Here are some of the promises that can be found in Psalm 5:

1. Justice: The psalm acknowledges the Lord's justice and His hatred for wickedness. David prays for the Lord to hear his voice and to consider his groaning, and he is confident that the Lord will listen to his plea (Psalm 5:1-2).

David recognizes that the Lord does not take pleasure in wickedness and that He will destroy those who speak lies and shed blood (Psalm 5:4-6).

2. Protection: The psalm also speaks of the Lord's protection for His people. David prays for the Lord to lead him in His righteousness and to make His way straight before him (Psalm 5:8). He acknowledges that the Lord blesses the righteous and surrounds them with favor as with a shield (Psalm 5:12).
3. Blessing: The psalm ends with a promise of blessing for those who trust in the Lord. David prays for the Lord to cover him with His favor and to bless him as with a shield (Psalm 5:12).

Overall, Psalm 5 is a psalm of trust in the Lord's justice, protection, and blessing. The psalm encourages believers to turn to the Lord in times of trouble, to trust in His righteousness, and to rest in His protection and blessings.

Psalm 6 is a prayer of David in a time of distress and illness. The promises of God in this psalm are centered on His mercy, healing, and salvation. Here are some of the promises that can be found in Psalm 6:

1. Mercy: The psalm begins with a plea for mercy from the Lord. David acknowledges his own unworthiness and weakness and pleads for the Lord to be gracious to him (Psalm 6:1-2). He is confident in the Lord's loving-kindness and compassion, and he prays for the Lord to deliver him from his troubles (Psalm 6:4).
2. Healing: The psalm also speaks of the Lord's healing power. David prays for the Lord to heal him from his physical and emotional pain and to restore him to health (Psalm 6:2-3, 9). He is confident that the Lord hears his prayers and will answer him (Psalm 6:8).
3. Salvation: The psalm ends with a declaration of David's confidence in the Lord's salvation. David acknowledges that the Lord has heard his prayers and has accepted his plea for mercy (Psalm 6:9). He is confident that the Lord will deliver him from his enemies and save him from his troubles (Psalm 6:10).

Overall, Psalm 6 is a psalm of trust in the Lord's mercy, healing, and salvation. The psalm encourages believers to turn to the Lord in times of distress and illness, to trust in His loving-kindness and compassion, and to rest in the hope of His salvation.

Psalm 7 is a prayer of David in which he seeks the Lord's help against his enemies. The promises of God in this psalm are centered on His justice, protection, and judgment. Here are some of the promises that can be found in Psalm 7:

1. Justice: The psalm acknowledges the Lord's justice and righteousness. David prays for the Lord to judge him according to his righteousness and to vindicate him according to his integrity (Psalm 7:8). He recognizes that the Lord is a righteous judge who searches hearts and minds and who brings the wicked to account (Psalm 7:9-11).
2. Protection: The psalm also speaks of the Lord's protection for His people. David acknowledges that the Lord is his shield and his defender, and he trusts in the Lord's protection against his enemies (Psalm 7:10-11). He is confident that the Lord will uphold him and keep him safe (Psalm 7:12).

3. Judgment: The psalm ends with a promise of judgment for the wicked. David acknowledges that the Lord is a God of justice who punishes the wicked and brings their evil schemes to an end (Psalm 7:14-16). He is confident that the Lord will execute justice and bring the wicked to their own destruction (Psalm 7:16).

Overall, Psalm 7 is a psalm of trust in the Lord's justice, protection, and judgment. The psalm encourages believers to turn to the Lord in times of trouble and to trust in His righteousness and protection against their enemies. It also reminds us that the Lord is a just God who will bring judgment on the wicked and vindicate His people.

Psalm 8 is a psalm of praise to the Lord for His greatness and majesty. The promises of God in this psalm are centered on His power, sovereignty, and provision. Here are some of the promises that can be found in Psalm 8:

1. Power: The psalm acknowledges the Lord's power and sovereignty over all creation. David marvels at the majesty of the Lord's name and how the Lord's glory is displayed in the heavens and on the earth (Psalm 8:1-3). He recognizes that the Lord has created all things and has put them under His feet (Psalm 8:4-6).
2. Sovereignty: The psalm also speaks of the Lord's sovereignty over human beings. David acknowledges that the Lord has crowned mankind with glory and honor and has given them dominion over the works of His hands (Psalm 8:5-8). He marvels at the Lord's generosity in entrusting human beings with the care of His creation.
3. Provision: The psalm ends with a declaration of praise to the Lord for His provision. David acknowledges that everything that he has and everything that he is comes from the Lord (Psalm 8:9). He praises the Lord for His goodness and faithfulness, and for His care and provision for all of His creatures.

Overall, Psalm 8 is a psalm of praise to the Lord for His power, sovereignty, and provision. The psalm encourages believers to marvel at the greatness of the Lord and to recognize His hand in all of creation. It also reminds us of the Lord's generosity and provision for us, and calls us to praise Him for all that He has done.

Psalm 9 is a psalm of thanksgiving and praise to the Lord for His deliverance and justice. The promises of God in this psalm are centered on His protection, justice, and mercy. Here are some of the promises that can be found in Psalm 9:

1. Protection: The psalm acknowledges the Lord's protection for His people. David praises the Lord for being a refuge for the oppressed and a stronghold in times of trouble (Psalm 9:9-10). He recognizes that the Lord does not forsake those who seek Him, and that He is a shield for all who take refuge in Him (Psalm 9:10).
2. Justice: The psalm also speaks of the Lord's justice. David praises the Lord for executing judgment and righteousness, and for upholding the rights of the poor and the oppressed (Psalm 9:7-8, 12-13). He recognizes that the Lord will judge the world with righteousness and administer justice to the nations (Psalm 9:8, 19-20).
3. Mercy: The psalm ends with a declaration of praise to the Lord for His mercy. David acknowledges that the Lord has not forgotten the cry of the afflicted, and

that He has not turned away from those who seek Him (Psalm 9:12-13). He praises the Lord for His mercy and for His deliverance of His people. Overall, Psalm 9 is a psalm of thanksgiving and praise to the Lord for His protection, justice, and mercy. The psalm encourages believers to trust in the Lord's protection in times of trouble, and to recognize His justice and mercy in all of His dealings with His people. It also calls us to praise the Lord for His deliverance and to give thanks for all that He has done.

Psalm 10 is a lament that addresses the problem of evil and the apparent silence of God in the face of wickedness. While the psalm does not contain explicit promises from God, it does contain several assertions about God's character and actions. Here are some of the statements about God in Psalm 10:

1. God sees and hears the plight of the oppressed: Although the psalmist feels abandoned by God, he acknowledges that God sees and hears the plight of the oppressed. He cries out to God to "lift up your hand" and "do something" about the wicked who oppress the poor and innocent (Psalm 10:12-15).
2. God is a refuge for the afflicted: The psalmist declares that God is the refuge of the oppressed, the fatherless, and the afflicted (Psalm 10:14). He calls on God to arise and defend the weak, knowing that God is a protector of the vulnerable.
3. God will bring justice: Although the psalmist is distressed by the apparent prosperity of the wicked, he trusts that God will ultimately bring justice. He declares that the Lord is king forever and ever, and that the nations will perish from His land (Psalm 10:16-18). He expresses confidence that God will hear the cries of the afflicted and will ultimately bring down the wicked.

Overall, while Psalm 10 does not contain explicit promises from God, it affirms the character of God as a refuge for the oppressed and a defender of the vulnerable. The psalmist expresses trust in God's ultimate justice, even in the face of the apparent prosperity of the wicked. The psalm calls on God to act on behalf of the afflicted and to bring down the wicked.

Psalm 11 is a psalm of trust in the Lord's protection and righteousness, even in the face of danger and adversity. While the psalm does not contain explicit promises from God, it contains affirmations of God's character and actions that can serve as a source of hope and confidence for believers. Here are some of the statements about God in Psalm 11:

1. God is a refuge: The psalmist declares that he has taken refuge in the Lord, and asks how he can be advised to flee like a bird to the mountains (Psalm 11:1). He recognizes that the Lord is his refuge and fortress, and that he can trust in Him for protection.
2. God is righteous: The psalmist affirms that the Lord is righteous, and that He loves righteousness and the upright (Psalm 11:7). He recognizes that the Lord will judge the wicked and the righteous, and that He will reward those who walk in righteousness.
3. God tests the righteous: The psalmist acknowledges that the Lord tests the righteous, and that He hates the wicked and those who love violence (Psalm 11:5-

6). He expresses confidence that the Lord will rain down coals of fire and sulfur on the wicked, and that they will face His wrath.

Overall, Psalm 11 is a psalm of trust in the Lord's protection and righteousness. It affirms the character of God as a refuge and fortress for believers, and as a righteous judge who will reward the upright and punish the wicked. The psalm encourages believers to trust in the Lord's protection and to remain steadfast in their faith, even in the face of danger and adversity.

Psalm 12 is a psalm that expresses the psalmist's distress over the wickedness and deceitfulness of people, and his plea for God to intervene and restore justice. While the psalm does not contain explicit promises from God, it contains statements about God's character and actions that provide hope and assurance for believers. Here are some of the statements about God in Psalm 12:

1. God hears the cries of the oppressed: The psalmist affirms that the Lord hears the cries of the oppressed and the needy, and that He will arise to defend them (Psalm 12:5). He recognizes that God is a protector of the vulnerable and a champion of justice.
2. God's words are pure: The psalmist declares that the words of the Lord are pure, like silver refined in a furnace (Psalm 12:6). He affirms that God's words are true and trustworthy, and that they provide a source of comfort and guidance for believers.
3. God will guard and protect His people: The psalmist expresses confidence that the Lord will guard and protect His people, even in the midst of wickedness and deceit (Psalm 12:7). He declares that the Lord will keep them safe from the wickedness of people who prowl around like lions, seeking to devour them.

Overall, Psalm 12 is a psalm that expresses the psalmist's distress over the wickedness and deceitfulness of people, and his plea for God to intervene and restore justice. It affirms the character of God as a protector of the vulnerable and a champion of justice, and as a trustworthy source of comfort and guidance for believers. The psalm encourages believers to trust in the Lord's protection and to remain steadfast in their faith, even in the face of wickedness and deceit.

Psalm 13 is a psalm of lament in which the psalmist expresses his distress and anguish to God. The psalm does not contain explicit promises from God, but it does contain statements about the psalmist's faith and hope in God's character and actions. Here are some of the statements about God in Psalm 13:

1. God is faithful: The psalmist affirms that he has trusted in God's steadfast love, and that he believes that God will save him (Psalm 13:5). He recognizes that God is faithful to His promises, and that He will not abandon His people.
2. God is a helper: The psalmist acknowledges that he needs God's help, and that he has lifted up his voice to God in prayer (Psalm 13:1-2). He expresses confidence that God will hear his cries for help, and that He will provide the strength and support that he needs.
3. God will bring joy and deliverance: The psalmist expresses his hope and confidence that God will bring joy and deliverance to his soul, and that he will be

able to sing praises to God again (Psalm 13:3-6). He affirms that God is his refuge and his salvation, and that he will not be shaken by his enemies.

Overall, Psalm 13 is a psalm of lament in which the psalmist expresses his distress and anguish to God. It affirms the character of God as a faithful helper who hears the cries of His people and provides them with the strength and support they need. The psalm encourages believers to express their struggles and doubts to God, and to trust in His faithfulness and goodness, even in the midst of distress and anguish.

Psalm 14 is a psalm that describes the folly and wickedness of the human heart, and calls for God's intervention to bring about salvation and justice. The psalm does not contain explicit promises from God, but it does contain statements about God's character and actions that provide hope and assurance for believers. Here are some of the statements about God in Psalm 14:

1. God looks down from heaven: The psalmist declares that the Lord looks down from heaven upon the earth, to see if there are any who are wise and seek after God (Psalm 14:2). He affirms that God is aware of the actions and motivations of human beings, and that He judges them according to their deeds.
2. God is a refuge for the oppressed: The psalmist expresses confidence that God is a refuge for the oppressed and a helper for the poor (Psalm 14:6). He affirms that God is a source of comfort and strength for those who are suffering, and that He will come to their aid.
3. God will restore His people: The psalmist expresses hope and confidence that God will restore His people and bring about salvation and joy (Psalm 14:7). He affirms that God will come to the aid of His people, and that they will rejoice and be glad in His salvation.

Overall, Psalm 14 is a psalm that describes the folly and wickedness of the human heart, and calls for God's intervention to bring about salvation and justice. It affirms the character of God as a just judge who is aware of the actions and motivations of human beings, and as a refuge and helper for the oppressed. The psalm encourages believers to trust in God's goodness and to seek after Him, even in the midst of a world that is corrupted by sin and wickedness.

Psalm 15 is a psalm that describes the qualities of a person who is worthy to dwell in God's presence, and who will receive His blessings and favor. The psalm does not contain explicit promises from God, but it does provide a description of the character and behavior of those who will enjoy a close relationship with Him. Here are some of the statements about God in Psalm 15:

1. God is holy: The psalmist affirms that God is holy, and that those who seek to dwell in His presence must be holy as well (Psalm 15:1-2). He emphasizes the importance of integrity and righteousness, and declares that those who walk blamelessly and do what is right will be accepted by God.
2. God rewards those who fear Him: The psalmist emphasizes the importance of revering and honoring God, and declares that those who fear Him will be rewarded with His blessings and favor (Psalm 15:4). He affirms that those who keep their promises and speak the truth will receive the blessings of God.

3. God provides security and stability: The psalmist expresses confidence that those who dwell in the presence of God will be secure and stable, and that they will not be shaken by the storms of life (Psalm 15:5). He affirms that God is a source of protection and strength, and that those who trust in Him will not be moved.

Overall, Psalm 15 is a psalm that describes the qualities of a person who is worthy to dwell in God's presence, and who will receive His blessings and favor. It affirms the character of God as holy and just, and emphasizes the importance of integrity, righteousness, and reverence in the lives of believers. The psalm encourages believers to seek after God's presence and to cultivate the qualities of character that will enable them to enjoy a close relationship with Him.

Psalm 16 is a psalm of confidence and trust in God, where the psalmist expresses his reliance on God for protection, provision, and guidance. Although the psalm does not contain explicit promises from God, it does contain statements about God's character and actions that provide hope and assurance for believers. Here are some of the statements about God in Psalm 16:

1. God is a refuge and a source of delight: The psalmist affirms that God is his refuge and his portion, and that he delights in Him (Psalm 16:1, 5-6). He expresses his trust in God's protection and provision, and declares that his joy and satisfaction come from his relationship with God.
2. God gives guidance and counsel: The psalmist affirms that God gives him counsel and guidance, and that He is always with him (Psalm 16:7-8). He declares that he will not be shaken because God is at his right hand, and that his heart is glad and his tongue rejoices in God's presence.
3. God provides security and eternal life: The psalmist expresses confidence that God will not abandon him to the realm of the dead, but will instead show him the path of life and grant him eternal pleasures in His presence (Psalm 16:9-11). He affirms that God is his portion and his inheritance, and that he will rest securely in His presence.

Overall, Psalm 16 is a psalm that expresses trust and confidence in God, and affirms His character as a refuge, a source of delight, a guide, and a provider of security and eternal life. The psalm encourages believers to seek after God and to rely on Him for their protection, provision, and guidance, and to find their joy and satisfaction in their relationship with Him.

Psalm 17 is a prayer of David for God's protection and justice against his enemies. While there are no explicit promises from God in this psalm, it contains statements about God's character and actions that provide comfort and assurance to the psalmist and to believers. Here are some of the statements about God in Psalm 17:

1. God is a just judge: The psalmist appeals to God as a just judge who examines the heart and tests the mind, and who will vindicate him against his enemies (Psalm 17:1-3). He affirms that his cause is righteous and that he has kept himself from violence and sin, and he trusts that God will act on his behalf.



2. God is a protector: The psalmist declares that God is his rock, his fortress, and his deliverer, and that he takes refuge in Him (Psalm 17:6-8). He affirms that God will protect him from his enemies and keep him safe from harm.
3. God is a loving father: The psalmist expresses his confidence that God will show him the wonders of His love, and that he will be satisfied with the presence of God (Psalm 17:15). He affirms that God is his hope, and that he will see His face in righteousness.

Overall, Psalm 17 is a prayer of trust and dependence on God for protection and justice, and it affirms God's character as a just judge, a protector, and a loving father. The psalm encourages believers to trust in God's righteousness and to take refuge in Him in times of trouble and persecution.

Psalm 18 is a hymn of thanksgiving for God's deliverance and salvation. It is a lengthy psalm that contains many statements about God's character and actions, as well as expressions of praise and thanksgiving to Him. Here are some of the statements about God in Psalm 18 that can be considered as promises:

1. God is a deliverer: The psalmist declares that God is his strength, his rock, and his deliverer, and that he takes refuge in Him (Psalm 18:1-3). He affirms that God is worthy of praise, because He has delivered him from his enemies and from the hand of his foes.
2. God is a rescuer: The psalmist describes how God rescued him from the cords of death and from the torrents of destruction, and how He brought him out into a spacious place (Psalm 18:4-19). He affirms that God rescued him because He delighted in him, and that He rewarded him according to his righteousness.
3. God is a provider: The psalmist affirms that God is his lamp and his light, and that He turns his darkness into light (Psalm 18:28-30). He declares that God arms him with strength, and that He makes his way perfect. He affirms that God gives him the ability to stand on the heights, and that He provides for all his needs.
4. God is a protector: The psalmist declares that God is a shield for all who take refuge in Him, and that He saves the humble (Psalm 18:30-36). He affirms that God is his stronghold, and that He sets him on high.

Overall, Psalm 18 is a hymn of praise and thanksgiving to God for His deliverance and salvation. It affirms God's character as a deliverer, rescuer, provider, and protector, and it encourages believers to trust in Him and to take refuge in Him in times of trouble and distress.

Psalm 19 is a psalm of David that praises God's creation and His Word. While there are no explicit promises mentioned in this psalm, there are several references to the benefits of following God's ways:

1. The heavens declare the glory of God; the skies proclaim the work of his hands. (Verse 1) - This verse suggests that by observing and appreciating God's creation, we can gain a deeper understanding and appreciation for His glory.
2. The law of the LORD is perfect, refreshing the soul. The statutes of the LORD are trustworthy, making wise the simple. (Verse 7) - This verse speaks of the benefits of following God's laws and statutes, including wisdom and spiritual refreshment.

3. The fear of the LORD is pure, enduring forever. The decrees of the LORD are firm, and all of them are righteous. (Verse 9) - This verse emphasizes the importance of respecting and revering God, and trusting in the righteousness of His decrees.

Overall, Psalm 19 suggests that by seeking God and following His ways, we can gain wisdom, spiritual refreshment, and a deeper appreciation for His glory and creation.

Psalm 20 is a prayer for God's help and protection in times of trouble. Here are some of the statements in Psalm 20 that can be considered as promises:

1. God hears and answers prayers: The psalmist declares that may the Lord answer his prayers in the day of trouble and that the name of the God of Jacob protect him (Psalm 20:1). He affirms that God hears and answers the prayers of His people and that He will fulfill their petitions.
2. God gives strength and help: The psalmist affirms that God is his help and that he trusts in Him (Psalm 20:2-5). He declares that God gives strength and help to His people and that He saves them from their enemies.
3. God grants victory: The psalmist expresses confidence that God will grant him victory over his enemies and that he will triumph in His name (Psalm 20:6-9). He affirms that God is the one who saves and that He will answer his prayers for victory.

Overall, Psalm 20 is a prayer of trust and confidence in God's help and protection in times of trouble. It affirms that God hears and answers prayers, gives strength and help to His people, and grants victory over enemies. The psalm encourages believers to trust in God and to call on His name in times of trouble and distress.

Psalm 21 is a psalm of thanksgiving and praise for God's blessings and protection, particularly for the king of Israel. Here are some statements in Psalm 21 that can be considered as promises:

1. God grants the desires of the heart: The psalmist acknowledges that God has granted the king's heart's desire and has not withheld the request of his lips (Psalm 21:2). This implies that God is willing and able to fulfill the desires of His people's hearts.
2. God blesses with goodness and joy: The psalmist declares that God has bestowed upon the king blessings of goodness and joy (Psalm 21:3). This suggests that God is willing to bless His people with good things that bring joy and happiness.
3. God protects and saves: The psalmist affirms that God has protected and saved the king from his enemies and has given him victory (Psalm 21:8-12). This implies that God is willing and able to protect and save His people from their enemies and to give them victory over them.

Overall, Psalm 21 is a psalm of praise and thanksgiving for God's blessings and protection, particularly for the king of Israel. It affirms that God is willing and able to grant the desires of His people's hearts, bless them with goodness and joy, and protect and save them from their enemies. The psalm encourages believers to trust in God's faithfulness and to give Him praise and thanks for His blessings.

Psalm 22 is a prophetic psalm that speaks of the sufferings of the Messiah, who is identified as Jesus Christ in the New Testament. Here are some statements in Psalm 22 that can be considered as promises:

1. God hears and answers prayers: The psalmist begins with a cry of distress, but he expresses faith that God will hear and answer his prayer (Psalm 22:1-2). This implies that God is willing and able to hear and answer the prayers of His people, even in times of great distress.
2. God is faithful and trustworthy: The psalmist declares that God is faithful and trustworthy, even when he is surrounded by enemies and facing death (Psalm 22:3-5). This implies that God can be relied upon to keep His promises and to be with His people in times of trouble.
3. God delivers and saves: The psalmist affirms that God has delivered and saved His people in the past and expresses confidence that He will do so again (Psalm 22:8-10, 19-21). This implies that God is willing and able to deliver and save His people from all kinds of trials and difficulties.

Overall, Psalm 22 is a psalm of trust and confidence in God's faithfulness and deliverance, even in the midst of great suffering and distress. It affirms that God hears and answers prayers, is faithful and trustworthy, and delivers and saves His people. The psalm encourages believers to trust in God's unfailing love and to praise Him for His faithfulness and goodness.

Psalm 23 is one of the most well-known and beloved psalms, often called the "Shepherd's Psalm". Here are some promises that can be found in this psalm:

1. Provision: The psalmist declares that the Lord is his shepherd, who provides for all his needs (Psalm 23:1). This implies that God promises to provide for the physical, emotional, and spiritual needs of His people.
2. Guidance: The psalmist affirms that the Lord leads him beside still waters and in paths of righteousness (Psalm 23:2-3). This implies that God promises to guide His people in the right paths and to give them rest and refreshment along the way.
3. Protection: The psalmist declares that he does not fear evil because the Lord is with him and protects him (Psalm 23:4). This implies that God promises to be with His people in times of danger and to protect them from harm.
4. Presence: The psalmist affirms that the Lord is with him and that His presence brings comfort and peace (Psalm 23:4-5). This implies that God promises to be present with His people, even in the darkest times, and to bring them comfort and peace.
5. Blessing: The psalmist declares that goodness and mercy shall follow him all the days of his life, and he will dwell in the house of the Lord forever (Psalm 23:6). This implies that God promises to bless His people with His goodness and mercy and to give them an eternal home with Him.

Overall, Psalm 23 is a psalm of trust and confidence in the Lord as the faithful shepherd who provides, guides, protects, and blesses His people. The psalm encourages believers to trust in God's care and to follow Him faithfully, knowing that He is with them always and that His goodness and mercy will follow them all the days of their lives.

Psalm 24 is a psalm of praise and declaration of God's sovereignty. Here are some promises that can be found in this psalm:

1. Ownership: The psalmist declares that "The earth is the Lord's, and everything in it" (Psalm 24:1). This implies that God promises to own and be in control of everything in the world.
2. Glory: The psalmist asks, "Who is this King of glory?" and declares that the Lord, strong and mighty, is the King of glory (Psalm 24:8-10). This implies that God promises to reveal His glory and power to His people and to the world.
3. Blessing: The psalmist declares that those who seek the Lord and trust in Him will receive blessings from the God of Jacob (Psalm 24:6). This implies that God promises to bless those who seek Him and to be faithful to His promises to His people.
4. Holiness: The psalmist affirms that only those with clean hands and a pure heart can ascend to the Lord's holy mountain and stand in His presence (Psalm 24:3-4). This implies that God promises to be holy and to require holiness from His people.
5. Victory: The psalmist declares that the Lord, the King of glory, is a warrior who defeats His enemies and gives victory to His people (Psalm 24:8-10). This implies that God promises to fight for His people and to give them victory over their enemies.

Overall, Psalm 24 is a psalm of recognition of God's sovereignty and holiness, and an encouragement to seek Him and trust in His promises. The psalm reminds believers that God owns and controls everything, and that He is a God of glory, blessing, holiness, and victory. The psalm encourages believers to live in a way that honors God and to trust in Him for protection, guidance, and victory in life's battles.

Psalm 25 is a psalm of David that expresses his trust and confidence in God. Here are some promises that can be found in this psalm:

1. Guidance: The psalmist asks God to "show me your ways, Lord, teach me your paths" (Psalm 25:4) and affirms that God "guides the humble in what is right and teaches them his way" (Psalm 25:9). This implies that God promises to guide and teach those who seek Him with a humble heart.
2. Forgiveness: The psalmist confesses his sins to God and asks for forgiveness, saying, "Remember, Lord, your great mercy and love, for they are from of old. Do not remember the sins of my youth and my rebellious ways" (Psalm 25:6-7). This implies that God promises to forgive those who repent and turn to Him.
3. Protection: The psalmist asks God to protect him from his enemies and says, "Guard my life and rescue me; do not let me be put to shame, for I take refuge in you" (Psalm 25:20). This implies that God promises to protect His people from harm and to be their refuge in times of trouble.
4. Mercy: The psalmist declares that "The Lord is good and his love endures forever; his faithfulness continues through all generations" (Psalm 25:8). This implies that God promises to be merciful and faithful to His people.

5. Instruction: The psalmist affirms that God instructs and guides those who fear Him, saying, "Who then are those who fear the Lord? He will instruct them in the ways they should choose" (Psalm 25:12). This implies that God promises to give wisdom and guidance to those who seek Him with a reverent heart.

Overall, Psalm 25 is a psalm of trust and confidence in God, and an expression of the psalmist's desire to know and follow God's ways. The psalm reminds believers that God is a faithful and merciful God who guides, forgives, protects, and instructs His people. The psalm encourages believers to seek God's guidance and instruction, to repent of their sins and receive His forgiveness, and to trust in His faithful love and protection.

Psalm 26 does not contain specific promises from God. It is a psalm of David, where he expresses his trust in God's justice and asks for His protection and guidance in his life. In this psalm, David also reflects on the importance of living a righteous life and following God's ways.

Psalm 27 is a beautiful psalm of David that expresses his trust in God's protection and salvation. Here are some of the promises that can be found in this psalm:

1. The Lord is our light and salvation (verse 1)
2. The Lord is the stronghold of our lives, whom shall we fear? (verse 1)
3. God will protect us from our enemies and foes (verse 2)
4. Even if an army encamps against us, our heart shall not fear (verse 3)
5. We can seek God's face and presence and trust in His protection (verse 8)
6. God will not forsake us even if our father and mother do (verse 10)
7. We can wait for the Lord and be strong and take heart (verse 14)

Overall, Psalm 27 encourages us to trust in God's protection and seek His presence and guidance in our lives.

In Psalm 28, David calls out to God for help and protection from his enemies. While the psalm does not contain specific promises from God, it does express David's trust and confidence in God's strength and faithfulness. David acknowledges that God is his rock and shield and that he will be saved because he trusts in Him. The psalm also speaks of God's righteous judgment and His reward for those who do what is right. Overall, Psalm 28 emphasizes the importance of seeking and trusting in God, especially during difficult times, and the assurance that He will be our help and salvation.

Psalm 29 is a hymn that praises God's power and majesty in nature. While the psalm does not contain specific promises from God, it emphasizes the greatness of God's power and His control over all of creation. The psalm describes God's voice as powerful, thunderous, and able to shake the earth. It speaks of His control over the waters, lightning, and storms, and His ability to give strength and blessings to His people. Overall, Psalm 29 reminds us of the awesomeness of God and encourages us to give Him the praise and worship He deserves.

Psalm 30 is a song of praise for God's deliverance and healing. In this psalm, the psalmist speaks of his distress and how he cried out to God for help. God heard his cry and delivered him from his troubles, lifting him up from the depths of despair.

The promises in this psalm include:

1. God's healing: "O Lord my God, I cried out to You, and You healed me" (Psalm 30:2).
2. God's deliverance: "You have brought up my soul from the grave; You have kept me alive, that I should not go down to the pit" (Psalm 30:3).
3. God's favor: "For His anger is but for a moment, His favor is for life; weeping may endure for a night, but joy comes in the morning" (Psalm 30:5).
4. God's protection: "Lord, by Your favor You have made my mountain stand strong" (Psalm 30:7).
5. God's mercy: "For His anger is but for a moment, His mercy endures forever" (Psalm 30:5).

Overall, Psalm 30 is a reminder that God is faithful and able to bring us through our trials and hardships, and that we can trust in His promises to deliver us and bring us joy.

Psalm 31 is a prayer for deliverance and trust in God. Here are some of the promises of God in this Psalm:

1. Protection and safety: "In you, Lord, I have taken refuge; let me never be put to shame; deliver me in your righteousness. Turn your ear to me, come quickly to my rescue; be my rock of refuge, a strong fortress to save me" (Psalm 31:1-2).
2. Guidance and direction: "Since you are my rock and my fortress, for the sake of your name lead and guide me" (Psalm 31:3).
3. Redemption and mercy: "But I trust in you, Lord; I say, 'You are my God.' My times are in your hands; deliver me from the hands of my enemies, from those who pursue me. Let your face shine on your servant; save me in your unfailing love" (Psalm 31:14-16).
4. Provision and care: "How abundant are the good things that you have stored up for those who fear you, that you bestow in the sight of all, on those who take refuge in you" (Psalm 31:19).
5. Deliverance and victory: "Be strong and take heart, all you who hope in the Lord" (Psalm 31:24).

In Psalm 32, there are several promises that God makes to those who confess their sins and seek forgiveness:

1. Forgiveness of sins: "Blessed is the one whose transgressions are forgiven, whose sins are covered" (verse 1).
2. Relief from guilt: "When I kept silent, my bones wasted away through my groaning all day long. For day and night your hand was heavy on me; my strength was sapped as in the heat of summer. Then I acknowledged my sin to you and did not cover up my iniquity. I said, 'I will confess my transgressions to the Lord.' And you forgave the guilt of my sin" (verses 3-5).
3. Guidance and instruction: "I will instruct you and teach you in the way you should go; I will counsel you with my loving eye on you" (verse 8).

4. Protection and deliverance: "You are my hiding place; you will protect me from trouble and surround me with songs of deliverance" (verse 7).
5. Unfailing love: "Many are the woes of the wicked, but the Lord's unfailing love surrounds the one who trusts in him" (verse 10).

In Psalm 33, there are several promises made by God:

1. God's word is true and reliable (verse 4)
2. The Lord loves righteousness and justice (verse 5)
3. By the word of the Lord the heavens were made (verse 6)
4. The Lord frustrates the plans of the nations (verse 10)
5. The Lord's plans stand firm forever (verse 11)
6. The Lord watches over those who fear Him and hope in His unfailing love (verse 18)
7. The Lord will deliver His people from death and famine (verse 19)
8. The Lord's eyes are on those who fear Him, on those whose hope is in His unfailing love (verse 20)

Psalm 34 is a psalm of thanksgiving and praise, and it also contains some promises from God. Here are some of the promises found in this psalm:

1. God will always be praised: "I will bless the Lord at all times; his praise shall continually be in my mouth" (verse 1).
2. God will answer prayers: "I sought the Lord, and he answered me and delivered me from all my fears" (verse 4).
3. God will protect his people: "The angel of the Lord encamps around those who fear him, and delivers them" (verse 7).
4. God will provide for his people: "Oh, taste and see that the Lord is good! Blessed is the man who takes refuge in him!... Those who seek the Lord lack no good thing" (verses 8-10).
5. God will deliver his people from trouble: "The righteous cry out, and the Lord hears, and delivers them out of all their troubles" (verse 17).
6. God is close to the brokenhearted and saves those who are crushed in spirit: "The Lord is near to the brokenhearted and saves the crushed in spirit" (verse 18).
7. God redeems the lives of his servants: "Many are the afflictions of the righteous, but the Lord delivers him out of them all... He keeps all his bones; not one of them is broken" (verses 19-20).

Overall, Psalm 34 encourages readers to trust in the Lord and to seek him in all circumstances, knowing that he will hear their prayers and deliver them from trouble.

Psalm 35 is a prayer of King David for deliverance from his enemies. In this psalm, there are no specific promises made by God, but David expresses his trust in God's justice and deliverance. David asks God to defend him against his enemies and to vindicate him. He expresses confidence that God will rescue him and bring his enemies to justice. David also vows to praise God and give thanks for his deliverance. Overall, the psalm emphasizes the theme of God's justice and protection for his people.

Psalm 36 is a prayer of David that praises God's love, faithfulness, and righteousness, and also expresses trust in God's protection and provision. Although there are no explicit promises made by God in this psalm, there are several affirmations of God's character that provide assurance and hope for those who trust in Him. For example:

- Verse 5: "Your love, Lord, reaches to the heavens, your faithfulness to the skies." This speaks of the vast and unending nature of God's love and faithfulness, which can be relied upon without limit.
- Verse 7: "How priceless is your unfailing love, O God! People take refuge in the shadow of your wings." This portrays God's love as a valuable and trustworthy resource for those who seek shelter and protection from Him.
- Verse 9: "For with you is the fountain of life; in your light we see light." This describes God as the source of life and enlightenment, suggesting that those who follow Him will experience true and abundant life.
- Verse 10: "Continue your love to those who know you, your righteousness to the upright in heart." This implies that those who have a personal relationship with God and live according to His ways can expect to receive His ongoing love and righteousness.

Overall, Psalm 36 offers encouragement to those who put their faith in God's character and seek to live in alignment with His will.

Psalm 37 is a long psalm that contains many promises from God. Here are some examples:

1. "Do not fret because of those who are evil or be envious of those who do wrong" (verse 1) - God promises that we don't need to worry about the wicked or be jealous of their success because He will ultimately bring justice and righteousness.
2. "Take delight in the Lord, and he will give you the desires of your heart" (verse 4) - God promises that if we find our joy and satisfaction in Him, He will give us the desires of our hearts.
3. "Commit your way to the Lord; trust in him and he will do this: He will make your righteous reward shine like the dawn, your vindication like the noonday sun" (verses 5-6) - God promises to honor those who trust in Him and follow His ways.
4. "The Lord makes firm the steps of the one who delights in him" (verse 23) - God promises to guide and support those who delight in Him.
5. "The salvation of the righteous comes from the Lord; he is their stronghold in time of trouble" (verse 39) - God promises to be a refuge and a protector for those who are righteous and trust in Him.

Psalm 38 is a lament of an individual suffering from illness and opposition. It does not contain any explicit promises from God, but rather expresses the psalmist's faith in God's deliverance and mercy despite their current circumstances. The psalmist acknowledges their own sin and seeks God's forgiveness and help in their time of need.



However, it is important to note that throughout the Bible, God does make promises to his people, including promises of salvation, protection, provision, and guidance. These promises are often linked to obedience and faithfulness to God's commands. Some examples of God's promises include eternal life for those who believe in Jesus Christ (John 3:16), the presence of the Holy Spirit to guide and comfort believers (John 14:16-17), and God's provision for the needs of his people (Philippians 4:19).

Psalm 39 is a prayer of David, in which he reflects on the fleeting nature of human life and the importance of seeking God's wisdom and guidance. The psalm does not contain any explicit promises from God, but rather expresses David's desire to find meaning and purpose in his life through a deeper relationship with God.

Some key verses from Psalm 39 include:

- Verse 4: "Show me, Lord, my life's end and the number of my days; let me know how fleeting my life is." Here, David acknowledges the transience of human life and seeks God's guidance in making the most of the time he has been given.
- Verse 7: "But now, Lord, what do I look for? My hope is in you." David expresses his trust in God's sovereignty and his belief that God alone can provide him with true hope and purpose.
- Verse 12: "Hear my prayer, Lord, listen to my cry for help; do not be deaf to my weeping." David acknowledges his own vulnerability and dependence on God, asking for God's help and comfort in his time of need.

Overall, Psalm 39 is a powerful expression of David's desire to seek God's guidance and find meaning in his life, even in the midst of uncertainty and struggle. While it does not contain any explicit promises from God, it offers a powerful reminder of the importance of seeking God's wisdom and comfort in all aspects of our lives.

Psalm 40 is a song of thanksgiving and trust in God's faithfulness. In this Psalm, David recounts how God delivered him from trouble and gave him a new song of praise. Here are some of the promises found in this Psalm:

1. God hears our cries and delivers us from trouble (verse 1).
2. He sets our feet upon a rock and establishes our steps (verse 2).
3. He puts a new song in our mouth, a song of praise to Him (verse 3).
4. Blessed is the one who trusts in the Lord and does not turn to the proud or those who go astray (verse 4).
5. God's thoughts toward us are precious and numerous (verse 5).
6. He delights in those who do His will (verse 8).
7. He is our help and our deliverer (verse 17).

Psalm 41 does not contain any explicit promises from God. It is a prayer of David, where he praises God for his mercy and asks for healing and protection from his enemies. The Psalm speaks of the blessedness of those who consider the poor and the Lord's mercy towards them. It also expresses David's trust in God's faithfulness to him despite his own sin and weakness.